



Helpful Links

- ♦ Capital Area Substance Abuse Council:
www.casac.org
- ♦ Do Something Volunteer Site:
www.dosomething.org
- ♦ The National Alliance On Mental Illness
www.nami.org
- ♦ The Association for Marriage & Family Therapy:
www.aamft.org
- ♦ Savannah Family Institute: Help with Difficult Teens:
www.difficult.net
- ♦ Parents: the AntiDrug. Discussion starters with kids.
www.theantidrug.com
- ♦ How to Talk so Kids Will Listen and Parent/Kid Communication:
www.fabermazlish.com
- ♦ Scream-Free Parenting. Good Advice, and check out their links:
www.screamfree.com
- ♦ Fun kids things to do in Connecticut:
www.kidsCT.com
- ♦ Parenting Advice from Nancy Samalin:
www.samalin.com
- ♦ Help your child improve their behavior with Sal Severe:
www.howtobehave.com
- ♦ Good, specific advice on early adolescence:
www.earlyadolescence.org