

**TOWN OF GRANBY  
COMMISSION ON AGING  
SENIOR CENTER/YOUTH SERVICES BUILDING  
October 13, 2015**

**PRESENT:** Dr. Peter Barwick, Lynne DeMatteo, Dorothy Prior, Patricia Sansone, Bruce Sullivan, Karen Hood (arrived at 2:10 p.m.), and Nancy Sheetz, FV-VNA  
**Staff Present:** Sandra Yost, Director of Human Services and Marissa DeLuca, Senior Center Program Assistant

Dr. Barwick confirmed a quorum and began the meeting at 1:30 p.m.

### **APPROVAL OF MINUTES**

The minutes of September 14, 2015 were reviewed. On page two, under Transportation Report, second sentence, In August, 451 riders – the word riders should be rides.

**ON A MOTION** by B. Sullivan, seconded by D. Prior, the Commission voted (5-0-0) to approve the minutes of September 14, 2015 with the noted correction.

### **VOLUNTEER OF THE MONTH**

The following volunteer was noted by Ms. Yost:

- September: Marilyn Sponzo, who created and developed the Tara's Memory Café. This program is for individuals in early stages of dementia/Alzheimer's and their caregivers.

### **ACTIVITIES COMMITTEE REPORT**

#### **a. Sandy Yost, Program Coordinator**

For the month of September, there are a number of programs to help keep people healthy:

- Hearing clinics will be held monthly and the first two months are already booked. This is a free program.
- Dance classes will start up – offering line dancing and tap dancing.
- There will be programs in November and December – Medicare open enrollment, Senior Medical Patrol (SMP) – for help with Medicare fraud, etc.
- Matter of Balance program is held Monday and Wednesdays – approximately 12 participants in the class.
- Chronic Disease program in November – coordinated with the Town of Simsbury.

#### **b. Senior Club**

- The checkbook has a balance of \$9,576.51
- There are presently 26 members
- The amaryllis bulb fund raiser was discussed. Order forms are available.

### **DIRECTOR'S REPORT**

- Grant reporting is up to date.
- DOT report is completed.

## **TRANSPORTATION REPORT**

- New van driver
- Some new trips are scheduled – Old Sturbridge Village Christmas by candlelight, an evening event.
- CT Wine trail trip was last week.

## **NEW BUSINESS**

### Day Care

- Discussion about funding for a van to pick up and drop off people for a program. There will be further discussion on this topic with FV-VNA at another time.
- McLeans has a program, but no transportation is provided. This is an out of pocket expense.
- A Day Care program vs. a home companion was briefly discussed.
- Develop a needs assessment to start with. Research the level of care needed per person.
- Determine if this is a Senior Center or town project. This Commission could bring a researched idea, possibly with a proposal, before the Board of Selectmen.
- This Commission should collect data, look at other town models and identify someone with experience to do a need assessment (at a town level).
- An article in the Senior Center newsletter would be a good way to gain information on a possible need for a local Day Care program. Plant a seed and ask for suggestions.
- Create a flyer with information and a questionnaire, to be returned (to the COA).
- Learn what stumbling blocks there may be with such a program.
- A Doctor's referral could be requested in order for a person to attend a Day Care program.

D. Prior and L. DeMatteo volunteered to visit a local program or two to gain information to share.

Terms of office – discussion about how long a member can serve ensued. The Ordinance establishing the Commission on Aging and the By-Laws were looked at. Terms are presently for a two year period of time. It was determined that Nancy Sheetz from the FV-VNA should be an Ex-officio member, not a Commission member. This leaves on vacancy on the Commission. There was discussion on how to recruit new members.

## **ADJOURNMENT**

**ON A MOTION** by Chairman Barwick, seconded by B. Sullivan, the commission voted (6-0-0) to adjourn at 2:42 p.m.

The next scheduled meeting will be held on Monday, November 9, 2015 at 1:30 p.m.

Respectfully submitted,

Susan Christian  
Acting Recording Secretary