

**TOWN OF GRANBY  
COMMISSION ON AGING  
SENIOR CENTER/YOUTH SERVICES BUILDING  
September 8, 2014**

**PRESENT:** Dr. Peter Barwick, Karen Hood, Neil Kraner, Lynne DeMatteo, Incy Muir, Dorothy Prior, Bruce Sullivan; Staff Present: Kerry Kielbasa, Director of Human Services, Sandra Yost, Program Coordinator

Dr. Barwick confirmed a quorum and began the meeting at 1:30 p.m.

**APPROVAL OF MINUTES OF 6/9/14:**

Bruce Sullivan noted adjournment of the minutes was seconded by Karen Hood but she was not in attendance. Upon reviewing the notes, it was stated the adjournment was seconded by Lynne DeMatteo. **ON A MOTION BY** Bruce Sullivan, seconded by Dorothy Prior, the Commission voted (5-0-0) to approve the minutes of June 9, 2014 as corrected.

**VOLUNTEER OF THE MONTH**

The following volunteers were noted by Ms. Yost:

- May: Cherri Wickham for her assistance with the Community Café on Thursdays.
- June: Pat Chieski for providing assistance with senior luncheons and dinners.
- July: Irma Cruz for faithfully assisting with the folding of the newsletter.
- August: The Senior Club officers for the remarkable job they have done putting on events, recruiting members and exploring opportunities for fun fundraisers.

**ACTIVITIES COMMITTEE REPORT**

**a. Sandy Yost, Program Coordinator**

For the month of September, there are a number of programs to help keep people healthy:

- There will be flu clinic on September 22<sup>nd</sup>. Individuals should contact the VNA to make an appointment.
- A new program, “Ask the Pharmacist” with Beth Galloway from Granby Pharmacy will be held once a quarter. The first session will be on medical products for diabetes, including a line for diabetic foot care.
- A national program, A Matter of Balance, will be offered. Ms. Yost and two volunteers attended a training in late spring and they will run the program.
- There is also interest in adding a component to the Alzheimer’s Support Group in which the caregiver can bring their loved one with them. The caregiver can attend the meeting while their loved one attends a recreational group. Details are still being worked out.

- One of the interns is offering a one-on-one program called “healthy minds”. It is by appointment and the session is for one hour. The purpose is to help people adjust to life changes, i.e. loss, downsizing, health issues, etc.

**b. Senior Club**

- A total of \$525 was paid for the sink in the nursing room and \$50 for the bench outside the center.
- The checkbook has a balance of \$3,270.70.
- The funds from the barbeque have not yet been deposited.
- Ms. Prior distributed a copy of the solicitation letter and the amaryllis bulb order form.

**DIRECTOR’S REPORT/TRANSPORTATION REPORT**

- The NCAAA (North Central Area Agency on Aging) grants were approved for the civic engagement team and the grandparent’s group. Additional money was awarded for the civic engagement group.
- The CT DOT grant was approved again.
- The van is booked heavily for the fall. There are a lot of medical appointments and the use of the small van saves a lot of money on gas.
- There were 187 registered van riders last year, up 24 from the year before.
- Ms. Kielbasa explained that it is time to begin thinking about the accreditation process. The notice of intent to reapply is due in November and the process itself costs between \$2,500 and \$3,000. Karen Hood inquired if the Center sees financial benefits from being accredited. Ms. Kielbasa explained that the Center does not reap benefits from outside agencies by being accredited but it is still a positive. The community is very proud and it also helps the Town’s bond rating to have departments that are accredited. Karen Hood, Bruce Sullivan, Lynne DeMatteo and Incy Muir volunteered to assist with the process. Ms. Kielbasa will inform the Town Manager that the Senior Center will submit the notice of intent.
- AnneMarie Cox has been trained in a program called QPR (Question Persuade React) which helps individuals identify people who may be in crisis or suicidal. The purpose is to recognize the signs and react to them simply and quickly. The presentation is approximately 20 minutes long and she is trying to present it to as many groups as possible. She can offer it to the Commission and possibly the Senior Club at the same time, if they are interested.

**OLD BUSINESS**

- Dorothy Prior attempted to contact the company that provided the Knox boxes but she did not get a call back. Dr. Barwick spoke to the Fire Marshall who explained the rules were put in place by the State and he would need to go before the legislature to get any changes made. Dr. Barwick will contact the Fire Marshall to see if he would be willing to talk to the Commission.

## **NEW BUSINESS**

- Dorothy Prior and Karen Hood are unable to attend the next meeting.

## **ADJOURNMENT**

**ON A MOTION BY** Neil Kraner, seconded by Bruce Sullivan, the commission voted (7-0-0) to adjourn at 1:25 p.m.

The next scheduled meeting will be held on Tuesday, October 14, 2014 at 1:30 p.m.

Respectfully submitted,

Kathy Kane  
Recording Secretary