

**TOWN OF GRANBY
COMMISSION ON AGING
SENIOR CENTER/YOUTH SERVICES BUILDING
May 14, 2012**

PRESENT: Dr. Peter Barwick, Lori Blackburn, George Bronsord, Joanne Desrosiers, Karen Hood, Incy Muir, Dorothy Prior, Bruce Sullivan; Staff Present: Kerry Kielbasa, Director of Human Services, Sandy Yost, Program Coordinator

Dr. Barwick confirmed a quorum and began the meeting at 1:30 p.m.

APPROVAL OF MINUTES OF 4/9/12:

ON A MOTION BY George Bronsord, seconded by Joanne Desrosiers, the Commission voted (8-0-0) to approve the minutes of April 9, 2012 as written.

VOLUNTEER OF THE MONTH:

- Ms. Yost reported that Donna Snyder is the volunteer of the month for April for her help with the rise and shine breakfast.

ACTIVITIES COMMITTEE REPORT:

a. Sandy Yost, Program Coordinator

- The Veteran's Luncheon will be held on Wednesday. It is free for veterans and \$5 for a guest. Karen Wagner will provide entertainment.
- For its first project, the Civic Engagement group chose to increase awareness of the CT Alert and Advanced 911 systems. They are now working on creating a 12 month calendar that will run from September to August and will highlight a different club/activity each month, i.e. transportation, men's breakfast group, etc. Someone from each group will provide a testimonial and the camera club will do the pictures. The group is researching three new projects: a durable medical equipment storage closet; a job bank and opportunities for older adult education.

b. Bruce Sullivan, Senior Club Treasurer

- Bruce Sullivan reported the checkbook balance is \$5,986.19. A total of \$76.84 was collected at men's breakfast.
- Dorothy Prior stated she is currently working on the ice cream social which will be held on September 9th. She met with the owner's of Tina's Ice Cream and is awaiting a quote. The cost of hiring a clown was \$75 per hour. She will be looking into the possibility of getting ice cream donated. Joanne Desrosiers will look into whether the Solid Oak Band is available that day and Ms. Kielbasa will talk to someone she knows who performs as a clown.
- The VNA will conduct a health clinic on June 12th regarding skin cancer and pre-cancer.

DIRECTOR'S REPORT

- Ms. Kielbasa reported that a Granby resident who is an interior specialist has volunteered her services to look at flooring products for the community room. Due to the subflooring, there is not much choice but to put in carpeting again.
- Tomorrow, Ms. Kielbasa will be presenting at the NCAAA regarding the grants for the civic engagement group and the grandparent's group.
- Ms. Kielbasa attended a conference last week. The main focus was on wellness programs, health and fitness, including Alzheimer's, dementia and caregiving. Because caregivers don't deal with the issue until it presents itself, Ms. Kielbasa would like to look at a proactive approach to caregiving. There was a 'virtual dementia tour' at the conference, which gives a caregiver a sense of what it's like dealing with a variety of medical issues, including dementia, macular degeneration, etc. Lori Blackburn will see if there are any trainers in the area who provide a similar program. There was a lengthy discussion regarding the important need to provide community education to individuals in the pre to early-retirement age in order to prevent caregiver stress and a lack of knowledge.

TRANSPORTATION REPORT

- None

OLD BUSINESS

- None

NEW BUSINESS

- None

ADJOURNMENT

ON A MOTION BY George Bronsord, seconded by Lori Blackburn, the commission voted (8-0-0) to adjourn at 2:30 p.m.

The next scheduled meeting will be held on June 11, 2012 at 1:30 p.m.

Respectfully submitted,

Kathy Kane
Recording Secretary