

**TOWN OF GRANBY
YOUTH SERVICE BUREAU ADVISORY BOARD
AND
DESIGNATED LOCAL PREVENTION COUNCIL
SENIOR CENTER/YOUTH SERVICES BUILDING
Minutes
January 13, 2016**

PRESENT: AnnMarie Cox, Michelle DeGagne, Mark McDermott, Julianna Pestretto, Michele Psutka, Abby Shtekler, Daphne Shinder, Courtney Sims, Steven Vernale, Kat Volikas, Sandra Yost

Michele Psutka confirmed a quorum and began the meeting at 4:02 p.m.

REVIEW AND APPROVAL OF LAST MEETING'S MINUTES

ON A MOTION BY Daphne Shinder, seconded by Mark McDermott, the Board voted (9-0-0) to accept the minutes of November 12, 2015 as written.

YOUTH COUNSELOR REPORT:

- The first parent round table discussion was held on Monday. The next meeting will be on January 25th. The increased use of heroin in the suburbs will be the topic of discussion.
- A program entitled 'Get Your Glam On' was held over the school break. Next week, "Nail Art" is scheduled.
- Two suicide prevention workshops are scheduled. The first will be held on February 4th from 7 to 8 p.m. It is geared toward middle school and will highlight the signs of suicidal thinking. A program for high school will be held on February 23rd.
- A safe dates class geared toward middle school starts on March 1st. It is a nationally based curriculum which talks about healthy vs. unhealthy relationships and signs of abusive relationships.
- GO for boys and girls both start at the end of the month.
- Youth Services is presently testing software to use for counseling notes.

YOUTH ACTION COUNCIL REPORT:

- The Youth Action Council has not met since the last YSB meeting. Their first meeting since the school break will be next week.

OLD BUSINESS

- Julianna Pestretto will be submitting her application for the Girl Scouts Gold Award.
- The information YSB members submitted to Ms. Cox on asset building was in the last newsletter. If anyone has information they have not yet submitted, please forward it to Ms. Cox for submission in the next newsletter.
- Daphne Shinder distributed information on some upcoming programs for adults offered by Parks & Rec. She also stated that a new part-time person, Ida Gilmore, has been hired. She sent out a survey to gather information on what types of after school programs kids may be interested in.

NEW BUSINESS

- Pastor Al Royal has not attended a meeting in quite some time. A letter will be sent asking him to send a letter of resignation if he is no longer interested in sitting on the Board.
- Mark McDermott, Julianna Pestretto and Abby Shtekler need to be sworn in again for their next term.
- There is presently one vacancy on the Board. If Pastor Royal resigns, there will be an additional vacancy.
- Ms. Cox inquired if anyone had any suggestions regarding issues or programming that Youth Services may be missing. Some suggestions were for help with high school kids dealing with stress and looking at the impact increased testing has on drug/alcohol use, relationships, etc.

OTHER

- As the student liaison on the Board of Selectmen, Mark McDermott inquired if there is anything he should bring to the meeting. Ms. Cox asked him to mention the suicide prevention workshops for the middle school and high school.

ADJOURNMENT

ON A MOTION BY Mark McDermott, seconded by Kat Volikas, the bureau voted (9-0-0) to adjourn at 4:50 p.m.

The next scheduled meeting will be held on February 10, 2016 at 4:00 p.m.

Respectfully submitted,

Kathy Kane
Recording Secretary