

A New
Support
Group is
Forming Now

Are You A Sandwich?

Town of Granby Youth Service Bureau



Feel caught between the needs of your growing children and your ageing parents?

Making Time for everyone but yourself?

Reading up on the SAT's and Medicare at the same time?

Welcome to the Sandwich Generation!.

Town of Granby Youth Service Bureau

*You are not alone.
Join us to learn,
laugh and relax for a
moment or two!*

*For more
information on this
free support group
contact the GYSB*

Town Of Granby
Youth Service Bureau
15c North Granby Road
Granby, CT 06035

AnneMarie Cox
Phone: (860) 844-5355
E-mail: ahcox@Granby-ct.gov



**AnneMarieCox
Youth Counselor
Town of Granby
Youth Service Bureau**