



What's Up

Town of Granby Youth Service Bureau

GO! SPRING REGISTRATION BEGINS SOON!

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GO! is a program for 6th and 7th grade boys. The focus is having fun in a safe environment where each boy can be himself. Spring activities will include bike rides, hikes, a scavenger hunt, capture the flag, and other games. When the weather is not in our favor, we will meet at the Youth Services building for ping pong, pool, board and card games and maybe a movie or two. A snack is provided.

While the boys are having a good time, the staff will be working to reinforce positive social skills, problem solving, and conflict resolution skills. Check the website for the registration form beginning in March. The fun will begin in April, on Friday evenings from 6 to 7:30p.m. Cost for the program is \$25.

Call AnneMarie Cox for more information (860)844-5355 or email her at ahcox@granby-ct.gov.



Capitol Areas Substance Abuse Council

HAZE SCREENING

Haze is a 37 minute documentary that deals with the dangers of hazing and binge drinking on college campuses across the nation. This film is so powerful and timely, that Granby Memorial High School has begun

showing it to all members of the Senior Class. If there is a college bound teen in your life, bring them and see this together. It is suitable for High School age students.

The next free screening will be held on Monday, February 6th at 6:45 in the GMMS media center, following the Granby Prevention Council General Coalition meeting at 6.

Please join us !!!



GRANDPARENTS GROUP ADDS EVENING MEETING

Around Again is a support group for grandparents that have found themselves raising their grandchildren. These grandparents represent an increasing part of our population. The number of grandparents in this situation has increased by 25% since 2001, and with the continuing economic struggles, researchers expect this number to continue to grow.

It isn't easy to take on parenting at a time in your life when you had planned to start taking it easy. Retirement with a teenager or toddler to raise is a whole different kettle of fish.

This group meets on Thursday's at 12:45 at the Granby Senior and Youth Services Building. However, to reach out to those Grandparents who are still working, and cannot make a day time meeting, the group is

adding a monthly evening meeting to be held at 7:00 PM on the last Thursday of the month. The first evening meeting will be held on March 29th. Please consider joining us. Members of our group often say they don't know what they would have done without this network of support.

For more information call AnneMarie Cox at (860) 844-5355



SPECIAL NEEDS: PARENTING WITH A TWIST

Having a child with special needs is tough. Emotionally, physically, and financially it can be challenging. It can be helpful to know you are not alone. Getting together with other parents can provide support, and valuable information.

The Granby Youth Service Bureau hosts a support group for parents with a special needs child the third Monday of the month. Led by April Jones, the group meets at 7:00 PM at the Youth Services building in activity room 1.

“this isn't the path I expected to take with my daughter, but I am finding beauty along the way”

EVERYONE IS NOT DOING IT!

We hear it all the time, it starts with parents, and when we talk about prevention of drug and alcohol abuse the research says this is defiantly the case. Parents who communicate clearly with their children about the dangers of underage alcohol use, and who set and enforce consequences for

underage drinking and drug use greatly decrease the odds that their child will engage in these risky behaviors.

Unfortunately too many parents give into the myth that all teens drink, and that if they do not look the other way and let their child drink they will not fit in. This is

not true. **MOST** teens are not drinking or using drugs. Less than half of Granby seniors report drinking or using drugs in the past 30 days when surveyed. Less than half. Reinforce this with your child!

