

# GRANBY PROGRAM GUIDE

**Fall 2024**



**Senior, Social & Youth Services  
Parks & Recreation  
Granby Public Library**



**A Message from the Town Manager:**  
Do you know what makes a town a community? It's the people! And here in Granby, the dedicated and capable staff of our Library and Human Services (now including Youth, Social, Senior, and Parks & Recreation Services) have designed an amazing variety of programs to bring people together. Please check out the program guide and see for yourself how much there is to do, to see, to enjoy, and to learn about in Granby! Maybe I'll see you during a walk in the park, or at a pickup game of basketball, pickleball, or tennis, or keep an eye out for me and my "Grand Dog" Gracie here, because she likes to visit the dog park to make new friends!

**Mike Walsh, Town Manager**

## Granby Parks & Recreation

### Contact Us

860-844-5289  
[granbyrec.com](http://granbyrec.com)

### Hours

Monday - Friday: 8:30 AM - 4 PM

The Parks & Recreation Office is located at Salmon Brook Park, 215 Salmon Brook Street.

Email: [recreation@granby-ct.gov](mailto:recreation@granby-ct.gov)

All pavilion and facility rentals must be made through the Recreation Office. Call 860-844-5293 for information on special events and rentals.

## Social Services

### Contact Us

860-844-5351  
[granby-ct.gov/social-services](http://granby-ct.gov/social-services)

Confidential appointments for benefit counseling and enrollment.

Email: [socialservices@granby-ct.gov](mailto:socialservices@granby-ct.gov)



## Library

### Contact Us

860-844-5275  
[granby-ct.gov/157/library](http://granby-ct.gov/157/library)

### Granby Public Library Hours

Monday - Friday: 10 AM - 7 PM  
Fri & Sat: 10 AM - 2 PM  
Sun: Closed

### Cossitt Branch Library Hours

Tue, Wed & Thu: 1 - 6 PM  
2nd & 4th Sat: 10 AM - 2 PM  
Cossitt Phone: 860-653-8958

**Library Cards:** Residents are eligible to register for free. Borrow materials from any public library in CT, download books, movies, music; access databases, and print museum passes for discounted admission.

**Information:** Current information about programs and events is available on the Library website and Facebook page.

Email: [gplibrary@granby-ct.gov](mailto:gplibrary@granby-ct.gov)

**Funding for Programs & Events:** Many of the Library programs included in this book are paid for by The Friends of GPL and are provided at no cost. Please consider supporting the Friends to help the GPL serve you!

Email: [friends.gpl@gmail.com](mailto:friends.gpl@gmail.com)

## Senior Center

### Contact Us

860-844-5350  
[schedulesplus.com/granby](http://schedulesplus.com/granby)

### Senior Center Hours

Monday - Friday: 8:30 AM - 4 PM

### Annual Membership:

\$5 Granby residents  
\$10 non-residents

### Annual Senior Van Fee: \$10

Membership and van fees are due September 1

### Program Cancellation Policy:

Programs may be cancelled if there are insufficient registrations. No School: Programs are cancelled. School delay: all programs will run on schedule. Early dismissal: all afternoon and evening activities are cancelled.

Email: [senior@granby-ct.gov](mailto:senior@granby-ct.gov)

## Youth Services

### Contact Us

860-844-5355  
[granby-ct.gov/youth-service-bureau](http://granby-ct.gov/youth-service-bureau)

Confidential appointments for youth and family counseling.

Email: [ahcox@granby-ct.gov](mailto:ahcox@granby-ct.gov)



# Special Events



## HALLOWEEN TRUNK OR TREAT *Parks & Recreation*

All Ages

Prizes awarded for best decorated trunks and costumes! Register no later than Wed., October 16 at [www.GranbyRec.com](http://www.GranbyRec.com)

**October 20, rain date Oct. 27**  
**1:30 PM - 3:30 PM**  
**Salmon Brook Park**



## PUMPKIN PARTY: CARVE & PAINT

*Library*

All Ages

Join us on the library's front lawn for a festive Pumpkin Party! All ages are welcome to carve their own jack-o'-lanterns, while small children can enjoy painting their pumpkins with vibrant colors. Celebrate the season with creativity, fun, and a whole lot of pumpkins!

**Saturday, October 19**  
**1:30 PM - 3:30 PM**  
**Granby Public Library**  
**Free; Registration required**

## THANKSGIVING LUNCHEON

*Senior Center*

Enjoy a home-cooked Thanksgiving meal with all the fixings! Light entertainment provided by the talented group, Mass-Conn Duo.

**Thursday, November 14**  
**12:00 PM**  
**For Senior Center Members**  
**\$5.00 pp**

## MAKER FAIRE

*Library*

**Adults and youth ages 8+**

The Cossitt Creation Station welcomes visitors to try a variety of maker activities in celebration of Granby Open Farm Day! Assemble a 3D printed mini tractor model, make a dried flower and herb sachet, take home a vinyl cling farm sticker and more. Sponsored by The Friends of the Granby Public Libraries.

**Saturday, September 14**  
**10:00 AM - 2:00 PM**  
**Cossitt Library Branch**  
**Free**

## FIESTA DEL NORTE

*Library*

**Adults**

Hear traditional folk and popular music from Mexico and enjoy learning about Latin American culture from Connecticut's premier Mariachi band. Don't miss the festive performance featuring trumpets, guitars, violins and vocals. Register to reserve your seat! Sponsored by The Friends of the Granby Public Libraries.

**Tuesday, September 17**  
**6:30 PM - 7:30 PM**  
**Granby Public Library**  
**Free; Registration required**

## COMEDY NIGHT

*Parks & Recreation*

**Adults**

Comedy Night at Holcomb Farm is back! Join us as we enjoy the entertainment of two premier comedians. This \*adults only\* evening is a hit year after year and always sells out, so get your tickets early! There will be a full cash bar, and feel free to bring your own snacks!

**Saturday, November 16**  
**Doors open at 7 PM, Show begins at 8:00 PM**  
**Holcomb Farm**  
**\$50 pp or \$400 per table**

# Youth Programs



## Pre-School

### BABY RHYME TIME

**Library**

**Birth to 14 months**

Babies and their caregivers are invited to join us for an interactive lap-sit program featuring a story, nursery rhymes, songs, and baby sign language.

**Tuesdays, 10:30 AM - 11:00 AM**

**Granby Public Library**

**Free; Registration required**

### TODDLER TIME

**Library**

**15 months to 24 months**

Toddlers and their caregivers are invited to join us for an interactive program featuring a story, nursery rhymes, songs, and sign language.

**Thursdays, 10:30 AM - 11:00 AM**

**Granby Public Library**

**Free; Registration required**

### LITTLE CHEFS

**Parks & Recreation**

**Ages 3-5**

Have fun and learn some basic cooking, baking & life skills. We will be creating different treats each week. We will focus on safety in the kitchen; reading, following simple recipes; measuring ingredients; familiarization with kitchen equipment and tools. Parents do not stay for the class. The instructor for this class is Bonny Hollis.

**Tuesdays, three sessions**

**I: September 10-October 8**

**II: October 15-November 12**

**III: November 19-December 10**

**5:15 PM - 6:15 PM**

**Holcomb Farm Kitchen**

**\$140 pp, per session**

### SOCER SHOTS MINI-TODDLERS

**Parks & Recreation**

**Age 2**

This high-energy program introduces children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. All equipment is provided. Participants should bring water and wear athletic clothing and sneakers. Gear from Soccer Shots can be purchased online.

**Sundays, September 8 - October 27**

**8:15 AM - 8:45 AM**

**\$105 pp**

### GRANBY NATURE PRESCHOOL

**Parks & Recreation**

**Ages 3-4-5**

Granby Nature Preschool is a farm and nature program. We are a 5-day program for morning, afternoon or full day, except Fridays which are half day only, with visits or visitors to/from local farms and nature trails. We embrace outdoor living and learning, and plan to be outside for some part of every day except in extreme weather. While indoors in our space at The Barn at Holcomb, we will enhance our learning through community living, relationship building, caring for one another and our plants, and with art, movement, music and storytelling.

**Follows Granby Public Schools Calendar**

**Full day program, or AM or PM program**

**Holcomb Farm Preschool Classroom, West Granby**

**Price depends on program choice**

### MOTHER GOOSE ON THE LOOSE

**Library**

**Ages 2-4**

Young children and caregivers are invited to join us for an interactive program featuring nursery rhymes, stories and music activities that promote language development, visual literacy, social and emotional skills.

**Wednesdays, 10:30 AM - 11:00 AM**

**Granby Public Library**

**Free; Registration required**

## **SUPER SOCCER SHOTS CLASSIC**

**Parks & Recreation**

**Ages 3-5**

We utilize creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect or teamwork. All equipment is provided. Participants should bring water and wear sneakers. Gear from Soccer Shots can be purchased online.

**Sundays, September 8 - October 27**

**Two Sessions: 9:00 AM - 9:45 AM**

**OR 10:00 AM - 10:45 AM**

**\$130 pp, per session**

## **NIGHTFALL: STORY AND STRETCH**

**Library**

**Ages 4-7**

Children are invited to join us for an independent mindfulness program featuring stories, stretches, and an interactive activity.

**Thursdays, 6:00 PM - 6:30 PM**

**Granby Public Library**

**Free; Registration required**

## **AFTER SCHOOL LITTLE YOGIS**

**Parks & Recreation**

**Grades K-2**

Each one-hour session focuses on physical, mental, and emotional development. Kids will enjoy: breathing exercises for relaxation & focus; yoga poses for flexibility and strength; story-time; mindfulness activities and games. All equipment is provided. Please bring water!

**Thursdays, September 19 - November 14**

**3:30 PM - 4:30 PM**

**Kelly Lane Intermediate School**

**\$115 pp**

## **PRESCHOOL HALLOWEEN PARADE**

**Library**

**Ages 2-5**

Preschoolers and a caregiver are invited to listen to some (not-too-scary) Halloween stories and join our costume parade around the library. Everyone gets a goodie bag. Sponsored by The Friends of GPL.

**Tuesday, October 29**

**10:30 AM - 11:00 AM**

**Granby Public Library**

**Free; Registration required**

## **ART: COLORFUL CREATIONS**

**Parks & Recreation**

**Ages 4-6**

Let's get creative and have fun! Children will explore a variety of materials during the creative process and learn art techniques through modeling and using their imagination. Children will see a finished product, learn how to use materials, and create a masterpiece. The instructor for this fun class is Bonny Hollis.

**Tuesdays, three sessions**

**I: September 10 - October 8**

**II: October 15 - November 12**

**III: November 19 - December 10**

**4:00 PM - 5:00 PM**

**Holcomb Farm Kitchen**

**\$140 pp, per session**

## **LITTLE YOGIS ADVENTURE**

**Parks & Recreation**

**Ages 3-5**

This course offers an engaging intro to yoga, focusing on physical, mental, and emotional development. Sessions include breathing exercises, sun salutation warm-ups, kids' yoga books and mindfulness activities. Children explore various aspects of yoga including singing bowls, yoga blocks, and partner yoga. All equipment is provided. Please bring a water bottle.

**Wednesdays, September 18-November 6**

**9:30 AM - 10:00 AM**

**Salmon Brook Park House Gathering Room**

**\$70 pp**

## **GRANBY CHILDREN'S BOOK FESTIVAL**

**Library**

**All Ages**

Visit with authors, illustrators, and other book-related vendors. Granby Public Library and Granby Public Schools invites you and your family to be a part of an amazing day of book love here in Granby.

**Saturday, November 2**

**10:00 AM - 2:00 PM**

**Wells Road School**

**Free**



# Grades K-6

## THE VIBE: DUNGEONS AND DRAGONS

(AND MORE!)

Youth Services

Grades 5-7

Designed for those youth most comfortable in small group settings, The Vibe provides a safe and accepting space for one or more D&D or Magic the Gathering RPGs to gather. In addition, youth have access to the game room, to play pool, air hockey, cards and board games. Grab a friend and join us for some fun. Numbers are capped to keep the Vibe's small-group feel.

**Every Friday, starting September 6**

5:50 PM - 7:00 PM

Senior/Youth Services Building

Free; call 860-844-5355 for info.

## AFTER SCHOOL SKI SUNDOWN

Parks & Recreation

Grades 3-12

Participants will travel from their school to Ski Sundown via coach bus. At the conclusion of the night, they will be brought back to their school for parent pick up. Must purchase bus seat. Lessons and equipment rentals are available for an additional fee, if needed.

**Fridays in January 2025**

Pricing information available soon,

Check [GranbyRec.com](http://GranbyRec.com)

## SIMPLYART: ROCK PAINTING

Library

Ages 8-11

Paint beautiful, free-form designs on rocks, inspired by your imagination. All materials will be provided—just bring your artistic spirit and get ready for a fun, colorful experience!

**Wednesday, November 6**

4:30 PM - 5:30 PM

Granby Public Library

Free; Registration required

## POKEMON TRAINERS CLUB: TCG BASICS

Library

Ages 7-10

Join our Pokémon Trainers Club as we kick off with an exciting introduction to the Pokémon Trading Card Game (TCG)! In this 30-minute session, you'll learn the basics of playing the game and get some practice with starter decks. Some materials will be provided, but feel free to bring your own Pokémon cards. Start your journey to becoming a Pokémon Master with us!

**Monday, September 16**

6:00 PM - 6:30 PM

Granby Public Library

Free; Registration required

## SCARY TALES & SLIMY SURPRISES

Library

Grades 3-5

Join us for a spine-tingling adventure as we dive into spooky stories that will give you chills! After the tales, test your bravery with our mystery boxes filled with gooey, slimy, and squishy surprises. Are you ready to feel the fright?

**Monday, October 7**

6:00 PM - 6:45 PM

Granby Public Library

Free; Registration required

## SIMPLYART: KEEPSAKE BOXES

Library

Ages 8-11

Get crafty at the library and design your very own keepsake box! Kids will have fun decorating and personalizing their boxes to store special treasures. All materials will be provided. Join us for a creative afternoon filled with imagination and colorful supplies!

**Wednesday, October 16**

4:30 PM - 5:30 PM

Granby Public Library

Free; Registration required



# After School

## AFTER SCHOOL PE GAMES

**Parks & Recreation**

**Grades K-2**

Join this fun program taught by our High School PE teacher, Mr. Norton. Students will be active and have fun participating in the PE activities such as Capture the Flag, climbing wall, tag games, floor hockey, kickball, basketball, and more that will promote the development of individual skills while instilling team work and confidence. All equipment will be provided. Child needs to bring their own water bottle. Please wear sneakers and comfortable clothes to play in.

**Mondays**, September 16 - November 11

**Tuesdays**, September 17 - November 12

**3:30 PM - 4:30 PM**

**Kelly Lane School**

**\$115 pp, per session**

## AFTER SCHOOL PE GAMES

**Parks & Recreation**

**Grades 3-5**

Students will be active and have fun participating in the PE activities such as "The Game", Capture the Flag, Climbing Wall and Tchouk Ball, as well as Teamwork Challenges like "Mission Impossible", "The Maze" and other games and activities. Instructor is Mr. Migneault.

**Mondays, September 16 - November 11**

**3:35 PM - 4:45 PM**

**Wells Road School**

**\$115 pp**

## AFTER SCHOOL TCHOUK BALL

**Parks & Recreation**

**Grades 3-5**

Tchouk Ball is a fast-paced, moving and passing game with teams and two rebound nets. Teams of 6-8 players try and move the ball close to the net and score points by bouncing the ball off the net so it hits the ground. Instructor Mr. Migneault's students enjoy this game!

**Thursdays, September 19 - November 11**

**3:35 PM - 4:45 PM**

**Wells Road School**

**\$115 pp**

## AFTER SCHOOL FOOD EXPLORERS

**Parks & Recreation**

**Grades K-2**

Each week you'll make brand-new recipes focused on fall flavors and ingredients. You'll be making: Fall Fruit Salsa, Pumpkin Donuts, & Caramel Apple Sweet Potato Pies with Marshmallow Whipped Cream. All recipes are nut-free but may contain dairy, eggs, and gluten.

**Wednesdays, October 2 - October 23**

**3:30 PM - 4:30 PM**

**Kelly Lane School**

**\$99 pp**

## AFTER SCHOOL MAD SCIENCE

**Parks & Recreation**

**Grades K-5**

**STEM Odyssey:** A hands-on exploration of sights, sounds, nature and more! Optical illusions, the secret components of white light and hidden rainbows, and movies explore our sense of sight. A science related take home activity accompanies every class.

**Grades K-2:** Thursdays, October 10 - November 14

**Grades 3-5:** Wednesdays, October 9 - November 13

**3:30 PM - 4:30 PM**

**Wells Road School**

**\$160 pp**

**Science Surprise:** Students will unbox the surprising world of science! In this program, kids learn about several specialized areas of science, including forensics, geology, meteorology, entomology, and mechanical engineering. They gain foundational science knowledge that will help them in their future science endeavors.

**Grades K-2:** Thursdays, February 27 - April 10

**Grades 3-5:** Wednesdays, February 5 - March 19

**3:30 PM - 4:30 PM**

**Wells Road School**

**\$160 pp**

## COSSITT CREATION

### KIDS CLASSES

**Library**

**Ages 8+ with an adult**

The Cossitt Creation Station now has programs for kids! Check the Library calendar for available dates and times.

**Cossitt Library Branch**  
**Registration required**

## AFTER SCHOOL FIT & FUN

### RUNNING CLUB

#### Parks & Recreation

##### Grades 3-5

This school fitness and running program is a chance for kids to learn the basics of running. Through games, drills and other activities, your child will be prepared to finish their first race or take steps towards improving their running ability. Students will run with Mrs. Busbey, an avid runner and teacher! Please make sure your child is prepared to run outdoors wearing proper clothing, sneakers, and has a water bottle. This program will be held outside and/or inside in the gym.

**Tuesdays, September 17 - November 12**

**3:30 PM - 4:30 PM**

**Wells Road School**

**\$115 pp**

## AFTER SCHOOL BOOK CLUB

#### Parks & Recreation

##### Grades 4-5

Fourth and fifth grade students have the opportunity to join an after school book club with fifth grade Language Arts teacher, Mrs. Janssen. During book club meetings, students will read, participate in discussions, and complete hands-on activities related to the book! We provide all necessary materials.

**Tuesdays, September 17 - November 11**

**3:30 PM - 4:30 PM**

**Wells Road School**

**\$115 pp**

## AFTER SCHOOL FIELD HOCKEY CLINIC

#### Parks & Recreation

##### Grades 3-5

Develop fundamental skills with drills and scrimmages teaching stick handling, passing, receiving, and basic game play. The program is coached by Mrs. Laflamme. This program will be outside, weather permitting. All participants must supply their own mouth guards, stick, ball, sneakers & shin guards. Bring an old sock for the bottom of the stick. Bring lots of water!

New players: when going to a sports store to buy equipment, provide two (2) measurements for correct size stick: 1) from hipbone to floor and 2) height.

**Tuesdays & Thursdays, September 24 - October 22**

**3:40 PM - 4:40 PM**

**Wells Road School**

**\$115 pp**

## AFTER SCHOOL ART CLASS

#### Parks & Recreation

##### Grades 3-5

Join Wells Road art teacher, Mrs. Lankford, for six weeks of creating and building with clay, paint, printmaking, fiber arts, and more. Each week, kids will learn about a different artist or type of art and use that as inspiration, building on skills from art class during the school day. They will come home with new artworks each week. All supplies are included.

##### Mondays, three sessions

**Fall: September 23 - November 18**

**Winter: January 6 - March 10**

**Spring: March 24 - May 19**

**3:20 PM - 4:20 PM**

**Wells Road School**

**\$175 pp, per session**

## AFTER SCHOOL ART-VENTURES

#### Parks & Recreation

##### Grades K-2

##### Two sessions

**Fall:** Kids take an around-the-world cultural adventure. They explore far-off places and learn about the people who live there, from the Americas to Polynesia, from the city to the countryside. They experiment with Crayola products, while trying art techniques developed by local artists and artisans. They make different masterpieces each week: drums, masks, canvases, prints, & more.

##### Fridays

**Fall: October 18 - November 22**

**3:30 PM - 4:30 PM**

**Kelly Lane School**

**\$160 pp**

**Winter:** The amazingly imaginative 2- and 3-dimensional projects in this program will inspire children's creativity as they experiment with a variety of unique art forms, tools, and techniques. Art explorers create Sequined Mexican Mirrors, Macaroni Mandalas, and Shrinky Dink Animal Pendants. These projects and more introduce children to a world of artistic wonder while we encourage their own original ideas and their own unique perception and interpretation of art.

##### Fridays

**Winter/Spring: February 28 - April 25**

**3:30 PM - 4:30 PM**

**Kelly Lane School**

**\$160 pp**

# Fall Sports



## MPOWER YOUTH RUNNING

**Parks & Recreation**

**Ages 6 - 14**

MPower's training program is designed for all levels of runners: from beginners to experienced. We will work on proper form and pacing while building endurance through a combination of running drills, games, and core exercises. The program fee includes a t-shirt.

**Wednesdays, September 18 - October 30**

**5:00 PM - 6:00 PM**

**Salmon Brook Park**

**\$95 pp**

## FARMINGTON VALLEY FIELD HOCKEY

**LEAGUE**

**Parks & Recreation**

**Grades 5-6**

The Towns of Granby, Avon, Canton, Farmington, Simsbury, Harwinton, and Wethersfield are part of the FV Girls FH League. Teams will be formed in each town consisting of players in grades 5-6. Teams will practice once week in their towns, and games will be played on Sunday afternoons in various communities. Players will receive a reversible numbered jersey. All players will need a mouth-guard, shinguards, eye protection, cleats and field hockey stick. Please contact the Granby Rec if you would like to volunteer as coach! Registration deadline is 8/2. Practices will begin the week of 8/26.

**Sundays, September 8 - October 20**

**2:30 PM - 4:30 PM**

**Granby High School Field**

**\$120 pp**

## YOUTH BASKETBALL

**Parks & Recreation**

**Grades K-8**

Granby Basketball looks to establish a foundation of basics, both individual skills as well as teamwork and sportsmanship, that will support the future of the High School programs. Our instructors and volunteers provide instruction in a positive atmosphere! Fee includes a team shirt, instruction, practices and game play. Information regarding Granby Recreation Basketball and Granby Travel Basketball will be available on the Granby Recreation website after September 1st. Please watch for more details to come!

## YOUTH RECREATIONAL SOCCER

**Parks & Recreation**

**Ages 5-13**

This is a recreational league where the primary objective of the Youth Soccer Program is for the players to develop skills, learn good sportsmanship and above all, have fun. The emphasis is on self-improvement; each player has the opportunity to reach their own maximum potential development for the enjoyment of soccer. The emphasis is NOT on winning. Team assignments are made based on age. We do not honor team requests or moving up or down a division.

Each child in every division is provided with a team shirt and team colored socks. Parents for all levels are responsible for making sure their child has their own ball with their name on it (sizes below), mandatory cleats (grades 2-8) and shin guards. Please be sure to buy the correct size and put child's name on it. Additionally, no jewelry of any kind (including post earrings) is allowed during practices and games.

Soccer scholarships are available on an as-needed basis. Contact the Granby Youth Services Department by 8/1 for details.

### **FUNDamentals (Grades K-1)**

These co-ed teams are a two-year program where different skills are introduced and built upon each year. Professional soccer coaches will oversee the 1-hour sessions. There are no weekly practices for K-1 levels. Cleats are not required. Each child should bring their own #3 size ball.

### **U8/Grade 2**

These co-ed teams are run by Soccer Shots. Each child should bring their own #3 size ball.

### **U10, U12, & U14**

There will be separate boys and girls teams. There will be some local travel for U10 - U14. Teams play in the Farmington Valley Recreation Soccer League at the U10 - U14 levels. Each child U10 - 12 should bring their own #4 size ball, and U14 size #5 ball.

### **PRACTICES**

Begin week of August 26

Dates/times determined by coach

### **GAMES**

Saturdays, September 7-November 2

**Salmon Brook Park**

**\$130 pp**



# Teens

## TEEN LAB: MINI-BOOK CHARMS

Library

Grades 6 - 12

Make your own mini-book charm bracelet, necklace or bookmark! Personalize tiny book charms with your favorite covers or original designs, then assemble them into unique pieces of jewelry or a bookmark. All materials will be provided. Come express your style and love for books in a new and wearable way! Snacks will be provided.

Tuesday, September 17

3:00 PM - 5:00 PM

Granby Public Library

Free; Registration required

## TEEN LAB: PERSONALIZED WATER BOTTLES

Library

Grades 6 - 12

Get creative with personalized sublimation bottles using a Cricut machine! Design and customize your own bottle with unique graphics and text. All materials will be provided. Don't miss this chance to craft a one-of-a-kind bottle that's both functional and stylish! Space is limited.

Tuesday, October 22

3:00 PM - 5:00 PM

Granby Public Library

Free; Registration required

## HOCUS POCUS MOVIE WATCH PARTY

Library

Grades 6 - 12

Join us after hours for a spellbinding evening at the library with *Hocus Pocus*! Watch this Halloween classic while enjoying snacks, drinks, and participating in fun interactive activities like Movie Bingo, a Quote Challenge, and a Scavenger Hunt. Dance, sing along, and come in costume to make the night even more magical. Don't miss out on the fun with your friends at this exclusive event!

Friday, October 25

3:00 PM - 5:00 PM

Granby Public Library

Free; Registration required

## WE ARE ON THE WAY (WOW)

Youth Services

Grades 9-12

This is a positive youth development program for those identifying as girls. This group is a fun, positive environment focusing on breaking down boundaries, building relationships, and other issues facing teens. Evenings include a snack, occasional presenters and various engaging activities.

Tuesdays, October 1 to April 2025

7:00 PM - 8:30 PM

Senior/Youth Services Building

\$150 pp, \$125 if sibling is in same session

## T2T: TEEN TO TEEN COMMUNITY

SERVICE

Youth Services

Grades 9-12

T2T Teen to Teen is a community service opportunity. Interested students can sign up to attend one or more educational presentations on teen health related-topics from suicide prevention to the risks of vaping, healthy vs abusive relationships, problem gambling and more. Students are encouraged to use the newly acquired accurate info if the topic ever arises with their friends. Students will receive 1 hour of community service credit for every session they attend. Led by Annemarie Cox.

Individual or group, by appointment

Senior/Youth Services Building

Free; call 860-844-5355 for info.

## SAFESITTER ESSENTIALS WITH CPR

Parks & Recreation

Grades 6-8

This great course is designed to prepare students to be safe when they are home alone, watching younger siblings, or babysitting. This class is filled with fun games and role-playing exercises. Students even get to use mannequins to practice rescue skills like choking rescue! Students are asked to bring their own lunch.

\*This class does NOT include a certification for CPR, but CPR will be taught.

Saturday, September 28

9:00 AM - 2:00 PM

Salmon Brook Park House Gathering Room

\$165 pp



10

## AMERICAN RED CROSS ADULT AND PEDIATRIC FIRST AID/CPR/AED

### Parks & Recreation

#### Adults, 16+

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants. This course meets OSHA/workplace requirements. Upon successful completion of this course you will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED valid for two years. This is a blended learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion.

**Saturday, October 5**

**11:00 AM - 1:30 PM**

**Salmon Brook Park House - Gathering Room**

**\$100 pp**

## SOCER OFFICIATING: GRANBY RECREATION FALL YOUTH SOCCER 2024

### Parks & Recreation

#### Ages 13+

Officials are needed! Are you interested in making some money and officiating the Granby Youth Soccer games during the fall? Games are for boys and girls U10, U12 and U14. Anyone age 13 and over interested in being a paid official should register online.

There will be a mandatory training/meeting on Saturday, August 24th from 6-7pm. Please bring your passport OR a photo ID & social security card.

**Saturdays, September 7 - November 2**

**9:00 AM - 3:00 PM**

**Salmon Brook Park Soccer Field**

## THE VIBE: DUNGEONS AND DRAGONS

### (AND MORE!)

#### Youth Services

#### Grades 8-10

Designed for those youth most comfortable in small group settings, The Vibe provides a safe and accepting space for one or more D&D or Magic the Gathering RPGs to gather. In addition, youth have access to the game room, to play pool, air hockey, cards and board games. Grab a friend and join us for some fun. Numbers are capped to keep the Vibe's small-group feel.

**Every Friday, starting September 6**

**7:00 PM - 9:00 PM**

**Senior/Youth Services Building**

**Free; call 860-844-5355 for info.**

## OWLS: OUR WHOLE LIVES

### Youth Services

#### Grades 7-9

OWLS is a comprehensive, values-based sexual health education program that provides accurate, developmentally appropriate information about a range of topics including relationships, personal expression, sexual orientation, sexual health, and cultural influences on sexuality. The program aims to foster informed and responsible decisions about sexual health and behavior to reduce the risks of STIs, unwanted pregnancy and avoid abusive relationships. Snack provided at each class. Register through the Town website beginning 9/1.

**Wednesdays, October to April**

**7:00 PM - 8:30 PM**

**Senior/Youth Services Building**

**\$100; call 860-844-5355 for info.**

## YOUTH SERVICES ADVISORY BOARD

### YOUTH REPRESENTATIVE

#### Youth Services

#### 7th grade and up

The YSB is looking for several youth members to join this prevention focused advisory board. Interested youth are sworn in as official Town Board members. The board strives to identify concerns and risks facing our children. It then works to identify or create programs to address these concerns.

Time on the board counts as community service. If your tween or teen (with you or independently) is interested in learning more about this board, please call.

**2nd Wednesday of the month**

**4:00 - 5:00 PM**

**Senior/Youth Services Building or by ZOOM**

**Free; call 860-844-5355 for info.**

## TEEN FIBER ARTS CLUB

### Library

#### Grades 6-12

Explore the world of crochet, needlepoint, hand sewing, cross-stitch, and more! Whether you're a beginner or have some experience, come learn new skills, share your projects, and get creative with friends after school. Some materials will be provided, but feel free to bring your own! Light snacks will be provided.

**Wednesdays, Sept. 11, Oct. 9, Nov. 13**

**3:00 PM - 5:00 PM**

**Granby Public Library**

**Free; Registration required**

# Adult Programs



## Art

### LOTUS FLOWER LANTERN PROJECT

#### Senior Center

The members of the Korean Spirit and Culture Promotion Project will be on hand to help you make a lovely lotus flower lantern using colorful paper and wire frames. A short documentary film on Korean artistic tradition will be shown as an introduction to the aesthetics of Korea. Light refreshments will be provided.

**Monday, October 21**

**2:00 PM - 4:00 PM**

**Senior Center Community Room**

**\$5.00 pp**

### LASER CUT BIRD HOUSE

#### Library

#### Adults, Ages 16+

Assemble a laser cut birdhouse, sand, and decorate. Supplies are provided. Sponsored by The Friends of the Granby Public Libraries.

**Saturday, October 12**

**10:30 AM - 12:00 PM**

**Cossitt Library Branch**

**Free; Registration required**

### COSSITT CREATION STATION CLASSES

#### Library

#### Adults, Ages 16+

Give your creative ideas life! Visit the Library's makerspace and learn to use the 3D printer, laser cutter, sewing & embroidery machines, vinyl cutter, sublimation printer, mug and bottle presses, and all manner of digitizing equipment. Find more information on the library webpage.

**Schedule varies**

**Cossitt Library Branch**

**Free; Registration required**

### PAINT NIGHT: FALL HARVEST

#### Parks & Recreation

#### Adults

Please join us for fall crafts! Join your Park and Rec staff along with artist MaryBeth Read from Paint Craze for a fun evening of crafting and socializing! All supplies and instruction are provided. No artistic skill required! Feel free to bring food and soft or adult beverages to enjoy while you paint.

**Thursday, November 7**

**7:00 PM - 9:00 PM**

**Salmon Brook Park House Gathering Room**

**\$40 pp**

### KNITTING INSTRUCTION

#### Library

#### Adults

**Intro to knitting:** Learn to cast, knit, purl, and bind off! Yarn and needles provided in this class for beginners. Choose one class or come to all three!

**Wednesdays, Sept. 25, October 9 & 16**

**1:30 PM - 3:00 PM**

**Knitting in the round:** Learn to use circular needles with a flexible cable to knit a hat. Participants must have some knitting experience and attend all three classes. Yarn & needles provided, but you can bring your own.

Both classes are sponsored by The Friends of GPL.

**Wednesdays, Oct. 30, November 6 & 13**

**1:30 PM - 3:00 PM**

**Cossitt Library Branch**

**Free; Registration required**

### KNIT AND CROCHET

#### Library

#### Adults

Knitters and crocheters are invited to join a monthly group to work on individual projects. Advanced stitchers are encouraged to share purls of wisdom, but the group is not intended as a beginner workshop. Sponsored by The Friends of the Granby Public Libraries.

**Saturdays, Sept. 28, Oct. 26, Nov. 23, Dec. 28**

**10:00 AM - 12:00 PM**

**Cossitt Library Branch**

**Free; Registration required**

## CAMERA CLUB

### Senior Center

The club is for photography enthusiasts. Each month we discuss a different topic.

**1st Monday of the Month**

**7:00 PM - 9:00 PM**

**Senior Center Community Room**

**\$10 annual club membership**

## MAKER'S CLUB - CRAFTING CORNER

### Senior Center

Bring your current "project" and socialize with a great group! Crafters, knitters, sewers, coloring, painting, etc. All are welcome to join!

**Mondays**

**10:00 AM - 12:00 PM**

**Senior Center Activity Room 1**

**Free with active Senior Center membership**

## SKETCHBOOK BASICS

### Library

### Adults

Artist Doug Williams leads a series introducing beginners and advanced beginners to sketching. Learn to simplify what you see, create value scales, practice lines/shapes, and understand shading & perspective. Sponsored by The Friends of Granby Public Libraries.

**Tuesdays, October 15, 22, 29**

**10:30 AM - 12:00 PM**

**Cossitt Library Branch**

**Free; Registration required**

## THE CRICUT DESIGN SPACE

### Library

### Adults

**Exploring:** Unlock the power of Cricut in this class designed for beginners. This hands-on class will guide you through the fundamentals of Cricut's intuitive design software. Choose from one of two sessions:

**Thursday, October 17, 1:30 PM - 3:00 PM**

**OR November 7, 5:30 PM - 7:00 PM**

**Mastering:** Bring your design skills to the next level. This class will guide you through many advanced features of the Cricut Design Space. Participants should have a basic knowledge of this software.

**Thursday, October 24, 1:30 PM - 3:00 PM**

**OR November 14, 5:30 PM - 7:00 PM**

**Cossitt Library Branch**

**Free; Registration required**

## SUBLIMATION PRINTED COASTERS

### Library

### Adults, Ages 16+

Bring your own designs to make personalized coasters in time for holiday hosting. Supplies are provided. Sponsored by The Friends of GPL.

**Saturday, November 9**

**10:30 AM - 11:30 AM**

**Cossitt Library Branch**

**Free; Registration required**

## SEW SIMPLE: SPIRAL WOVEN BASKET

### Library

### Adults, Ages 16+

Learn to make a woven fabric basket in this two-session class. All materials & equipment provided. Sponsored by The Friends of the Granby Public Libraries.

**Wednesday, September 11 and 18**

**1:30 PM - 3:30 PM**

**Cossitt Library Branch**

**Free; Registration required**

## CRAFTERS CAFE

### Library

### Adults

**Fall Floral:** Create a beautiful fall floral arrangement with Laugh Another Way Farm. Use local flowers to arrange a decorative fall display under the guidance of florist Rachael LaFlamme. All materials provided.

**Thursday, September 26**

**6:00 PM - 7:30 PM**

**Paint:** Connect with your inner artist! Katherine Tolve, The Art Room, leads a paint workshop for beginner and intermediate skill levels. All materials provided.

**Thursday, October 24**

**6:00 PM - 7:30 PM**

**Paper Flower:** Make crepe paper collarette dahlia blooms with Sue Canavan. All materials provided.

**Thursday, November 14**

**6:00 PM - 7:30 PM**

**Fire Starter:** Make a decorative and fragrant fire starter to use in your fireplace this winter season or spread the warmth and gift it to another. All materials provided.

**Monday, December 16**

**1:00 PM - 2:30 PM**

All Crafters Cafe classes sponsored by The Friends of the Granby Public Libraries.

**Granby Public Library**

**Free; Registration required**

# Fitness & Exercise

## CHI GONG

**Senior Center**

The practice of Chi Gong helps us to feel grounded, nurtured and relaxed so that the body's energy can be naturally directed to help our organs function optimally, create flexible muscles, supple joints, and bring balance to our emotions. Course led by Mary Ellen Mullins.

**Wednesdays**

**9:00 AM - 9:45 AM**

**Zoom (online)**

**Fee calculated when registering**



## AROMA YOGA

**Parks & Recreation**

**Adults**

Immerse yourself in a yoga class designed to delight your senses. Experience the wonderful synergy of yoga and essential oils. Open to all levels. Bring your own yoga mat and water. Aubrey Schulz is the instructor.

**Wednesday, September 11**

**Thursdays, October 17, November 14, December 12**

**6:30 PM - 7:30 PM**

**Salmon Brook Park House - Gathering Room**

**\$18 pp, per session**



## CHAIR YOGA

**Senior Center**

This class taught by Paula Pirog will lead you through enhanced breathing, seated and standing classic Yoga poses, plus balance training and core strengthening. Guided meditation finishes the calm, relaxing class.

**Tuesdays**

**2:30 PM - 3:30 PM**

**Senior Center Community Room**

**Fee calculated when registering**

## LINE DANCING

**Senior Center**

Instructor Jim Gregory has been teaching dance full-time for forty years. His expertise will have you learning the steps in no time and having a blast too! This class is for beginners to advanced dancers.

**Wednesdays**

**1:30 PM - 2:30 PM**

**Senior Center Community Room**

**Fee calculated when registering**

## BLOOD PRESSURE/

## BLOOD SUGAR CLINIC

**Senior Center**

No appointment needed; just drop by! Courtesy of the Farmington Valley Visiting Nurses Association.

**Thursdays**

**11:00 AM - 12:30 PM**

**Senior Center Community Room**

**Free with active Senior Center membership**

## YOGA

**Senior Center**

This class taught by Paula Pirog will lead you through strength building sequences, standing and on the mat. Includes balance and Pilates floor work.

**Tuesdays**

**4:00 PM - 5:00 PM**

**Senior Center Community Room**

**Fee calculated when registering**

## TRAVEL TRIP

**Senior Center**

**Adults**

**Coming in 2025!**

The Granby Senior Center has partnered with Collette Travel to offer once in a lifetime group travel experiences: "Christmas on the Danube River"



**November 30, 2025 -  
December 7, 2025**

Bev Harris offers 15 minute chair massages. Must have current Senior Center membership to participate.

**1st, 3rd, and 5th Tuesday of every month**

**10:00 AM - 12:45 PM, by appointment only**

**Senior Center Green Room**

**\$10 pp**

## TAI CHI/ QI GONG

### Senior Center

Continuing the forms learned in previous sessions with Mary Ellen Mullins, , this class will move on to learn Forms 9—12 of the Yang style Tai Chi. The first half of class will consist of Qi Gong warmups that are suitable for abilities. Experience in first 8 forms required to participate.

**Thursdays**

**9:00 AM - 10:00 AM**

**Senior Center Community Room Room**

**Fee calculated when registering**

## EVERYBODY'S EXERCISE

### Senior Center

This exercise class taught by Mary Root is suitable for anyone and everyone! This class will include strength and weights, some cardio, balance, and flexibility. All movements can be modified for chair or standing. Mary will personalize your routine based off current ability.

**Thursdays**

**1:30 PM - 2:30 PM**

**Senior Center Community Room**

**Fee calculated when registering**

## ALL ABOUT BALANCE

### Senior Center

This class taught by Paula Pirog focuses on strength for balance efficiency, such as squats, handheld weight maneuvers, and walking drills, as well as core conditioning.

**Thursdays**

**2:45 PM - 3:45 PM**

**Senior Center Community Room**

**Fee calculated when registering**

## BASKETBALL

### Parks & Recreation

### Adults

These are pick-up games for adults. Participants can pay ahead for the entire session, or pay a \$5 cash-only fee per night as a drop-in player. For those who choose drop-in: please check the Granby Rec website Tuesday and Thursday afternoons after 3 PM for updates or cancellations. Some dates & location may be different.

**Tuesdays & Thursdays, Sept. 17 - Dec. 19**

**7:00 PM - 9:00 PM**

**Granby High School Community Gym**

**\$75 pp**

## PICKLEBALL

### Parks & Recreation

### Adults

### Two sessions (Fall & Winter)

**Fall:** Join instructor Eric McPheat for the popular game of pickleball! All abilities are welcome! Equipment will be provided, or you can bring your own racquet. Please wear sneakers and bring water. Eric will teach the rules to any interested beginners and will set up tourneys for the experienced players. This lifelong activity is gaining popularity and is fun for all ages!

**Fall:** Tuesdays, September 10 - October 15

**5:00 PM - 6:30 PM OR**

**6:30 PM - 8:00 PM**

**Salmon Brook Park - Tennis Court**

**\$65 pp, per session**

**Winter:** Rotating partners of teams will be formed each session with games playing until the score of 7. Bring your own racquet. Balls will be supplied. This is just game play...no instructional teaching.

**Winter:** Wednesdays, December 4 - February 26

**6:30 PM - 8:30 PM**

**Granby Middle School Gym**

**\$35.00 pp**

## GENTLE MOVEMENT

### Senior Center

This class taught by Paula Pirog will gently increase your strength, help your ability to balance, and provide stretching to maintain and increase mobility.

**Mondays**

**11:15 AM - 12:15 PM**

**Senior Center Community Room Room**

**Fee calculated when registering**

## ADULT FENCING

### Senior Center

The Olympic Foil Fencing Club for adults, led by Coach Marc, is where you can learn the most sophisticated fencing sword called Foil. Fencing is open for everyone, with any physical abilities and does not have weight categories or age limits. There are fencing tournaments even in 90+ age groups. Fencing is an elegant and complex sport that makes your brain think fast and clearly, keeping it healthy and alert and maintaining your motor skills in top condition throughout your life.

**Fridays**

**11:00 AM - 12:00 PM**

**Senior Center Community Room**

**\$100 pp for members, \$110 pp non-member**

# Enrichment

## MUSIC JAM "BACK IN THE DAY"

### Senior Center

Bring your instrument and join the band! Jam with fellow musicians. We play music from all generations, or you can bring your own music to share with the others.

**Wednesdays**

**11:30 AM**

**Senior Center Community Room**

**Free with active Senior Center membership**

## MOVIE MATINEE

### Library

### Adults

Enjoy a feature film and complimentary snacks at the monthly Monday Movie Matinee. Check the library calendar for listings. Drop-ins welcome if space allows.

**Mondays, Sept. 9, Oct. 14, Nov. 18, Dec. 9**

**1:30 PM - 3:30 PM**

**Granby Public Library**

**Free; Registration required**

## HISTORY REVISITED

### Senior Center

Jerry Perkins, former professor and high school history instructor, leads with his unique way of bringing history to life. Join this informational and fun view of events from Pre-Columbian times to present. Class attendees have the opportunity to request specific subjects.

**Tuesdays**

**10:00 AM**

**Senior Center Activity Room**

**Free with active Senior Center membership**

## MEN'S BREAKFAST

### Senior Center

Each month the men's breakfast committee coordinates a delicious meal along with a fabulous guest speaker. Menu and guest speaker are decided amongst the committee. Guest speaker information can be located in current Center Life Newsletter or the Granby Drummer.

**2nd Friday of the month, subject to change**

**8:30 AM**

**Senior Center Community Room**

**\$5.00 pp**

## BILLIARDS

### Senior Center

Bring some friends or play against yourself - make an appointment to enjoy a game of billiards at the Center.

**Monday to Friday**

**8:30 AM - 4:30 PM, by appointment**

**Senior Center Billiard Room**

**Free with active Senior Center membership**

## SETBACK

### Senior Center

Come out and play the card game Setback, where games can be played individually or in fixed partnerships. Rules and scoring will be explained.

**Tuesdays**

**1:00 PM**

**Senior Center Activity Room**

**Free with active Senior Center membership**

## CRIBBAGE

### Senior Center

Come join this lively group. Experienced players will assist with refreshing your game play.

**Tuesdays at 6 PM and Fridays at 3 PM**

**Senior Center Activity Room**

**Free with active Senior Center membership**

## CRT LUNCH

### Senior Center

Let someone else do the cooking! Community Cafe offers a healthy, low-cost lunch and time to socialize. Monthly menus are available. Reservations required, but no one is denied a meal.

**Tuesdays and Thursdays**

**12:00 PM**

**Senior Center Community Room**

**\$3.00 suggested donation**

## WOMEN'S BREAKFAST

### Senior Center

Each month the women's breakfast committee coordinates a delicious meal along with a fabulous guest speaker. Menu and guest speaker are decided amongst the committee. Guest speaker information can be located in current Center Life Newsletter or the Granby Drummer.

**1st Wednesday of the month, subject to change**

**8:30 AM**

**Senior Center Community Room**

**\$5.00 pp**



# Lifelong Learning

## VISUAL MOMENTS IN ICELAND - A WINTER SEQUEL

### Senior Center

This presentation of images illustrates strategies for using the senses to photograph the natural world as well as the built environment in Iceland. Focusing on the winter experience, specific strategies and techniques are revealed involving the photo shoot process, along with stories and impressions. Specifics regarding travel, hiking, clothing, and other aspects are also shared.

**Wednesday, September 11**

**1:30 PM**

**Senior Center Community Room**

**Free with active Senior Center membership**

## PENDULUM DOWSING CLASS

### Senior Center

Gail is back! Dowsing is a biofeedback system that, with practice, can be used in a myriad of ways to find water and lost objects, determine the value of food and supplements, determine the flow of energy through your home, and even determine your best exercise routine. The instructor, Gail Altschwager has been dowsing for over 20 years.

**Tuesdays, September 17 - October 8**

**1:00 PM**

**Senior Center Activity Room**

**Free with active Senior Center membership**

## SECRETS YOUR PARENTS NEVER TOLD YOU - THE HISTORY OF CHRISTMAS CAROLS AND SONGS

### Senior Center

Carols used to be sung throughout the year, but only the tradition of singing them at Christmas has survived. Over the centuries the words & meanings have changed.

**Friday, December 6**

**10:00 AM**

**Senior Center Activity Room**

**Free with active Senior Center membership**

## NETFLIX SERIES - "SECRETS OF THE BLUE ZONE" Senior Center

Stream the 4 week docuseries with us, broadcasted here at the Center. Travel around the world with author Dan Buettner to discover five unique communities where people live extraordinarily long and vibrant lives.

**Mondays in October**

**10:00 AM**

**Senior Center Activity Room**

**Free with active Senior Center membership**

## Book Clubs



### MILLENNIALS READ

#### Library

At this no-stress book club, join readers in their 20s, 30s, and 40s to talk about current book picks. You don't need to be reading anything to participate. This is a partnership between Bloomfield, Simsbury, and Granby libraries. Check Library website for location!

**First Wednesday of the month**

**6:30 PM - 8:00 PM**

**September 4 - Back East Brewery**

**Locations TBD each month**

**Free, registration requested**

### SOMETHING ABOUT THE AUTHOR

#### Library

#### Adults

Focused on a single author's works each month, check Library website for selection! Leading the discussion is John Rusnock.

**First Monday of the month**

**1:30 PM - 2:30 PM**

**Granby Public Library**

**Free, registration requested**

### SCI-FI + FANTASY BOOK CLUB

#### Library

#### Adults

Leading the discussion is Jim Gorman. Book selection changes each month, check Library website for title!

**Last Wednesday of the month**

**6:00 PM - 7:00 PM**

**Granby Public Library**

**Free, registration requested**

## PARENTING WORKSHOP: ADDRESSING BEHAVIORS OF CONCERN

Youth Services Bureau

Parents of children 6 to 18

Struggling with difficult behaviors? School avoidance, chronic truancy, talking back, not listening, or arguing? The YSB is offering our 6 week parenting class with the first fall session beginning in September. The 'Love and Logic' approach is time-tested and proven to work. It can be tailored to fit your specific family needs!

**Tuesdays, September 17 - October 22**

**7:00 PM - 8:00 PM**

**Senior/Youth Services Building**

**Free**

## “Ask the...” Series



### ASK THE ATTORNEY

**Senior Center**

Specializing in Elder Law, Attorney Kraner or Attorney Hess will meet for a free half-hour consultation.

**1st Wednesday of every month**

**10:00 AM - 12:00 PM, by appointment**

**Senior Center Green Room**

**Free with active Senior Center membership**

### ASK THE REALTOR

**Senior Center**

A lifelong resident of Granby, Realtor Judy Guarco has worked for 20+ years representing both buyers and sellers in CT and MA. Judy will be here for free half-hour consultations to answer your questions.

**2nd Wednesday of every month**

**10:00 AM - 12:00 PM, by appointment**

**Senior Center Green Room**

**Free with active Senior Center membership**

### ASK THE FINANCIAL ADVISOR

**Senior Center**

Meet with Granby resident, veteran and financial advisor, Matthew J. Sondrini for a free 30-minute consultation.

**4th Wednesday of every month**

**10:00 AM - 12:00 PM, by appointment**

**Senior Center Green Room**

**Free with active Senior Center membership**

## MEDICARE MADE PERFECTLY CLEAR

**Senior Center**

You're invited to the Medicare Made Perfectly Clear seminar here at the Granby Senior Center hosted by Madison Levins.

At this event, you will have the opportunity to:

- Gain a comprehensive understanding of the different parts of Medicare (Parts A, B, C, and D).
- Learn about eligibility criteria & enrollment periods.
- Discover supplemental coverage options available to enhance your Medicare benefits.
- Receive expert advice and insights from a seasoned professional in the healthcare industry.
- Engage in discussions and ask questions to clarify.

**Friday, October 18**

**1:00 PM**

**Senior Center Activity Room**

**Free with active Senior Center membership**

## A RIGHT TO VOTE - THE STORY OF HOW AMERICA RECOGNIZED WOMEN AS VOTERS

**Senior Center**

Can you imagine America without the opportunity for women to vote? It's barely been 100 years since that opportunity was guaranteed by the 19th amendment. It took political engagements which gave way to open resistance, pickets at the White House and outright physical skirmishes along parade routes to change minds. Learn about the struggles and successes that lead to women gaining the right to vote.

**Friday, November 1**

**10:00 AM**

**Senior Center Activity Room**

**Free with active Senior Center membership**

## THE LAST FULL MEASURE OF DEVOTION: HONORING OUR VETS

**Library**

**Adults**

How to honor the sacrifice of service members has been a question through the years. Professor Hamish Lutris presents how veterans have been recognized for their service and how that recognition has changed over time. Sponsored by the Granby Public Libraries and American Legion Shannon Shattuck Post 182.

**Wednesday, October 23**

**6:30 PM - 7:30 PM**

**Granby Public Library**

**Free; Registration required**



## AMERICAN RED CROSS ADULT AND PEDIATRIC FIRST AID/CPR/AED

**Parks & Recreation**

**Adults, 16+**

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants. This course meets OSHA/workplace requirements. Upon successful completion of this course you will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED valid for two years. This is a blended learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion.

**Saturday, October 5**

**11:00 AM - 1:30 PM**

**Salmon Brook Park House - Gathering Room**

**\$100 pp**

## TRAVEL TALK: GOING TO EXTREMES

**Library**

**Adults**

Nationally-known adventure travel journalist for *The Washington Post*, *The Los Angeles Times*, *National Geographic*, and *The Boston Globe*, Peter Mandel hunts for his stories and photos in the world's far corners, including Antarctica, India, Patagonia, the fjords of Norway, and the deserts of Africa. Register to receive the Zoom program link. Sponsored by the Friends of the Granby Public Libraries.

**Thursday, November 21**

**6:30 PM - 7:30 PM**

**Virtual, Zoom**

**Free; Registration required**

## AUTHOR TALK: KARA LABELLA

**Library**

**Adults**

Author Kara Labella draws from local history and folklore to write spine-tingling tales. History buffs, lovers of spooky stories, and anyone who appreciates a good read will enjoy the presentation. Signed copies of Labella's works will be available for purchase.

**Wednesday, October 30**

**6:30 PM - 7:30 PM**

**Granby Public Library**

**Free; Registration required**

## TECH TALK: SECURITY TIPS FROM A PRO

**Library**

**Adults**

Expert Joe O'Donnell, SWAT Technologies, shares tips for securing your phone from unwanted monitoring and tracking, explains how to stop email spammers, and answers your personal security tech questions.

**Monday, September 23**

**2:00 PM - 3:00 PM**

**Granby Public Library**

**Free; Registration required**

## ARTISTS TALK

**Library**

**Adults**

Members of the Granby Painting Study Group share their respective stories and explain what inspires them to paint. Hear about their processes and techniques, and enjoy their artwork on display. View the display during regular library hours throughout November.

**Saturday, November 2**

**10:30 AM - 11:30 AM**

**Granby Public Library**

**Free; Registration required**

## PAWSITIVE STEPS DOG TRAINING:

### BEGINNER & INTERMEDIATE

**Parks & Recreation**

**Adults**

#### **BEGINNER:**

Join well-known certified dog trainer Kim Michalewicz for this great course to learn how to effectively communicate with your best friend. Time will be spent learning to socialize your dogs to a variety of situations. Learn about normal canine behavior & how to problem solve to help your dog fit into our human world. Appropriate household behavior, handler attention, basic obedience and coming when called will be covered. Open to all dogs. There is no prerequisite.

**Wednesdays, September 25 - November 11**

**Thursdays, September 5 - October 31**

#### **INTERMEDIATE:**

For the Intermediate Classes, please speak with Kim prior to registering so that she can approve that the class is appropriate level for your dog.

**Mondays, September 9 - October 21**

**6:30 PM - 7:30 PM**

**Salmon Brook Park House - Gathering Room**

**\$185 pp, per session**



# Bus Trips

## HEBRON HARVEST FAIR

### Senior Center

It's fair season! An annual event since 1971, The Hebron Harvest Fair has grown to become one of the largest agricultural fairs in Connecticut with unique attractions, fan favorite food and four days of fun. The Hebron Harvest Fair is produced by the Hebron Lions Agricultural Society, a 501(c)(5) non-profit organization.

**Friday, September 6**

**Depart Senior Center at 11:15 AM**

**\$5.00 pp**

## BASKETBALL HALL OF FAME

### Senior Center

Located in Springfield, MA., where basketball was born, the Naismith Memorial Basketball Hall of Fame is dedicated to promoting, preserving and celebrating the game of basketball at every level – men and women, amateur and professional players, coaches and contributors, both domestic and international. The Hall of Fame museum is home to more than 400 inductees and over 40,000 square feet of history. Lunch on your own afterwards at UNO Chicago Pizzeria and Grille.

**Monday, October 14**

**Depart Senior Center at 9:30 AM**

**\$25.00 pp**

## FASCIA'S CHOCOLATES

### Senior Center

Since 1964, Fascia's Chocolates, a family-owned business in Waterbury, has been dedicated to making high quality, handcrafted confections. John and Helen began making chocolate in their basement as a hobby, and the business slowly grew from there. They use time-honored traditions like stirring in a copper kettle and cooling on a marble slab to make chocolate. Everything is made in-house, by hand to ensure the highest quality and taste. On this trip you will make your own chocolate bar and learn a brief history of Fascia's and chocolate!

**Friday, December 6**

**Depart Senior Center at 9:00 AM**

**\$15.00 pp**

## BLOWN GLASS ORNAMENT MAKING AT SILVER STREET GLASS

### Senior Center

With instructor's assistance, you will apply color frit to hot glass, melt the color and shape your ornament. You will have a selection of colors to choose from! All classes start with intro and safety talk followed by a demo. All pieces must cool down slowly overnight and can be picked up at studio later. Please wear clothing made from natural materials, tie hair back, and wear closed toe shoes/no high heels. You must wear safety glasses in studio at all times. Clean safety glasses are provided for you to use during visit. All guests must take Senior Van to studio; parking is limited. Trip limited to 8 guests.

**Thursday, October 31**

**Depart Senior Center at 9:45 AM**

**\$40.00 pp**

## NYC TRIPS

### Parks & Recreation

### All Ages

Enjoy the day in the Big Apple!! You are free to explore! See Chinatown, Little Italy, Central Park, a museum, the zoo, a Broadway show or shop – use your imagination. These are our usual drop off points in NYC: The Metropolitan Museum of Art, The Plaza Hotel, and Rockefeller Center. In the morning the bus will first pick up at East Granby Farms (79 North Main Street, EG) and will then stop in Granby at the Town Hall. You may board the bus at either location. At the conclusion of our day, pickup time will be 6PM in front of the Roxy Delicatessen on 7th Avenue between 53rd and 54th St.

**Saturday, December 7**

**Departs Granby Town Hall 7:15 AM**

**\$68 pp**



# Holidays in Granby



## SANTA LOGS

**Senior Center**

Back by popular demand! Come and make your own hand-painted decoration, based on the traditional German children's craft called 'Weinachtsmaenner'. Have fun creating your own unique Santa Claus display.

**Wednesday, December 4**

**1:00 PM**

**Senior Center Activity Room**

**\$5.00 pp**

## HOLIDAY MARKETPLACE

**Parks & Recreation**

**All Ages**

Kick off your holiday celebrations with us! Shop from over 30 local vendors and crafters, sip a specialty cocktail or cozy cup of coffee. If you would like to register to vend, reach out at [recreation@granby-ct.gov](mailto:recreation@granby-ct.gov)

**Saturday, December 7**

**10:00 AM - 4:00 PM**

**Holcomb Farm**

## HOLIDAY DINNER

**Senior Center**

Come celebrate the holiday season with a delicious catered meal by Tucker's Restaurant and entertainment by the one and only musical group, The Elderly Brothers!

**Wednesday, December 11**

**5:00 PM**

**For Senior Center Members**

**\$10.00 pp**

## BREAKFAST WITH SANTA

**Parks & Recreation**

**All Ages**

Enjoy a delicious breakfast, meet and take photos with Santa, Mrs. Claus, and The Grinch, listen to holiday tunes, and create a craft! This event ALWAYS sells out.

**Sunday, December 15**

**Multiple seatings**

**Holcomb Farm**

**\$15 pp children 2+; \$20 pp adults**

## PAINT NIGHT: WINTER FUN

**Parks & Recreation**

**Adults**

Join artist MaryBeth Read from Paint Craze for a fun evening of crafting and socializing! All supplies and instruction are provided. No artistic skill required! Feel free to bring food and soft or adult beverages to enjoy while you paint.

**Thursday, December 5**

**7:00 PM - 9:00 PM**

**Salmon Brook Park House Gathering Room**

**\$40 pp**

## CONNECTICUT YULETIDE CAROLERS

**Library**

**All Ages**

You are invited to enjoy Victorian-era holiday carols sung by traditionally-garbed performers, followed by the lighting of the holiday tree on the lawn of the Town of Granby municipal complex. Light refreshments.

**Saturday, December 7**

**4:00 PM - 5:00 PM**

**Granby Public Library**

**Free; Registration requested**

## GINGERBREAD HOUSE DECORATING

**Library**

**3 years and up**

Join us for the this annual festive program where children and families can decorate their own gingerbread houses with colorful candies and icing. Sponsored by The Friends of the Granby Public Libraries

**Saturday, December 14**

**10:30 AM - 12:00 PM**

**Granby Senior Center Community Room**

**Free; Registration required**



# Social Services

## JOIN OUR TEAM

### THE YOUTH SERVICES ADVISORY BOARD REPRESENTATIVES

The YSB is looking for several members to join this prevention focused advisory board. Interested youth and adults are sworn in as official Town Board members.



### Social Services - Senior + Youth

The focus of the Social Services Department is to coordinate existing federal, state, regional and local services, to increase community awareness of these services, and to develop new programs to meet the needs of our Granby residents.



### DO WE HAVE YOUR EMAIL?

The Granby Senior Center  
has gone electronic!

Our bi-monthly newsletters are emailed  
to active Senior Center members.

Please be sure your membership is  
up to date and we have your  
accurate email address!

Newsletters can also be found  
at the Center, at the Library & in the Vans.

## Counseling

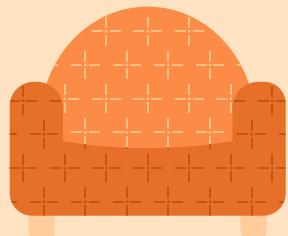
### YOUTH COUNSELING SERVICES

#### Youth Services

#### AGES UP TO 18 & THEIR FAMILY

Granby YSB offers services to assist Granby youth and their families with many life issues and concerns. Our experienced and professional staff provides individual and family counseling to assist you in finding an appropriate provider for your needs. We can address:

- Common developmental Issues
- School behavior or peer issues
- Family issues
- Suicide ideation
- Depression
- Cutting
- Anger management
- Eating disorders
- Alcohol and drug concerns
- Grief and loss



To register for a confidential intake call:

**860-844-5355**

**Youth Service Bureau**

**Free**

### HEALTHY MINDS

#### Senior Services

Situations such as death of a loved one, failing health or strained family relationships can be daunting to face alone. Working with our Marriage and Family Therapist may help you move forward with life.

**By appointment only**

**Call 860-844-5350**



# Food Resources



## GRANBY FOOD PANTRY

Before using the Granby Food Pantry you *must* qualify with the Town of Granby Social Services Department. Call 860-844-5350 to schedule an intake appointment. To make donations, call the FV VNA at 860-651-3539.

**248 Salmon Brook Street, Granby, CT 06035**  
**Tuesday 10:30 AM to Noon / Thursday 2-3:30 PM**

## WASTE NOT WANT NOT COMMUNITY KITCHEN

**Free meal is served every Wednesday 3-5 PM.**  
*The meal is free, but an offering is always welcome.*  
**Located at Granby Congregational Church - South Campus, 242 Salmon Brook Street**

## MOBILE FOODSHARE

Please park *behind* South Congregational Church and Visiting Nurses Building only. Please remember to bring your own bags.

**Located at Granby Congregational Church - South Campus, 242 Salmon Brook Street**  
**1:30 - 2 PM, every other Tuesday**  
**Call 860-844-5350 for 2024 dates**

## HOPE 4 LIFE FOOD PANTRY

The food pantry is open on Wednesdays from 2-6 PM to members of Life Church, and to anyone who is in need. No qualification necessary. Please bring your own bags.

**23 Griffin Road, Granby, 06035**  
**For more info, please call the church office:**  
**860-653-3308**

## OPEN CUPBOARD PANTRY

**Distributions are on Fridays between 3 - 4 PM.**  
**860-653-4537**

**Granby Congregational Church - North Campus,  
219 North Granby Road**

## ELDERLY NUTRITION PROGRAM

Community Café offers a healthy, low cost lunch for seniors 60+. Call the Senior Center for monthly menu and registration requirements.

**860-844-5350**

# Assistance Resources

## SNAP

For help with SNAP applications call the CT Foodbank. This process will take approximately 30 minutes and CT Foodbank will mail you a packet to sign & return.

**860-856-4357**

## DOMESTIC VIOLENCE

If you need help or just someone to talk to, please visit [CTSafeConnect.org](http://CTSafeConnect.org) or call / text (888) 774-2900.

**Advocates are available 24/7**

## MENTAL HEALTH & EMERGENCIES

**Suicide Prevention Hotline:**  
**1-800-273-8255**

When it Builds Up, Talk it Out!

**You can talk to a professional: 833-258-5011**  
[www.TalkItOutCT.com](http://www.TalkItOutCT.com)

## GRANBY LOCAL ASSISTANCE PROGRAM

Granby residents facing financial hardship may access funds once in a twelve-month period. The gross household income cannot exceed 60% of State Median Income, unless extenuating circumstances can be verified.

## CONNECTICUT ENERGY ASSISTANCE PROGRAM (CEAP)

Income eligible CT households may qualify for heating assistance. Call to schedule confidential appointments for assistance filing.

**Apply online at [crtenergyapplication@crtct.org](mailto:crtenergyapplication@crtct.org)**  
**Call 860-844-5350 for assistance**

## EVERSOURCE ASSISTANCE PROGRAMS

Winter protection for income-eligible households prevents shutoff between Nov. 1, 2024 - May 1, 2025.

**Call Eversource at 800-286-2828**  
**or visit [Eversource.com/BillHelp](http://Eversource.com/BillHelp)**

## OPERATION FUEL

This program offers emergency energy assistance for households who meet program guidelines.

[operationfuel.org/about/how-we-help/](http://operationfuel.org/about/how-we-help/)

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