# GRANBY PROGRAM GUIDE

Summer 2025



Senior, Social & Youth Services
Parks & Recreation
Granby Public Library

# Welcome to Granby!

# Granby Parks & Recreation

### **Contact Us**

860-844-5289 granbyrec.com

#### Hours

Mon. - Friday: 8:30 AM - 4:00 PM

The Parks & Recreation Office is located at Salmon Brook Park, 215 Salmon Brook Street.

Email: recreation@granby-ct.gov

All pavilion and facility rentals must be made by contacting the Recreation Office. Call 860-844-5293 for information on special events and rentals.

### **Social Services**

### **Contact Us**

860-844-5351 granby-ct.gov/social-services

Contact us at Social Services for confidential appointments for benefit counseling and enrollment.

Email: socialservices@granby-ct.gov

### Library

### **Contact Us**

860-844-5275 granby-ct.gov/library

### **Granby Public Library Hours**

Mon. - Thurs.: 10:00 AM - 7:00 PM Fri & Sat: 10:00 AM - 2:00 PM

Sun: Closed

### **Cossitt Branch Library Hours**

Tue, Wed & Thu: 1:00 PM - 6:00 PM 2nd & 4th Sat: 10:00 AM - 2:00 PM Cossitt Phone: 860-653-8958

**Library Cards**: Residents are eligible to register for free. Borrow materials from any public library in CT, download books, movies, music; access databases, and print museum passes for discounted admission.

**Information**: Current information about programs and events is available on the Library website and Facebook page.

Email: gplibrary@granby-ct.gov

**Funding for Programs & Events**: Many of the Library programs included in this book are paid for by The Friends of GPL and are provided at no cost. Please consider supporting the Friends to help the GPL serve you!

Email: friends.gpl@gmail.com

### **Senior Center**

### **Contact Us**

860-844-5350 schedulesplus.com/granby

#### **Senior Center Hours**

Mon. - Thurs: 8:00 AM - 4:00 PM Friday: 8:00 AM - 1:00 PM

**Annual Membership:** Residents of Granby are eligible to become members of the Senior Center with a \$5 fee, and non-residents can also join with a \$10 fee. The annual fee to use the Senior Van service is \$10. Membership and van fees are due September 1.

### **Program Cancellation Policy:**

Programs may be cancelled if there are insufficient registrations. No School: Programs are cancelled. School delay: all programs will run on schedule. Early dismissal: all afternoon and evening activities are cancelled.

Email: senior@granby-ct.gov

### **Youth Services**

### **Contact Us**

860-844-5355 granby-ct.gov/youth-servicebureau

Confidential appointments for youth and family counseling.

Email: ahcox@granby-ct.gov



# **Table of Contents**

### Library

Awesome Air	11
Book Clubs	
Millennials Read	
Sci-Fi + Fantasy	20
Something About the Author	
Conservation Conversation	
Connecticut Cryptids	19
Cossitt Creation Classes 12,	, 15
Cossitt Escape Room	
Cryptic Coding	
Drumming for Wellness	
Fingerprint Who Done-It	
Graffiti Mayhem	
Great Fingerprint Detective	
Honey Heist	
Hooked on Stitches	
Ice Cream Caper	
It's a Surprise! Book Exchange	
Jewelry Making Ankle Bracelets	
Kindergarten Bootcamp	
Kinetic Ukes Spring Sing	
Kitchen Adventures	
Kumihimo Braided Bracelets	
Let's Make Coasters	
Let's Make Stickers	
Magic by George	
Magic of Alternative Photography	
Makerspace Discovery Series	
Mice & Mayhem Felting	
Movie Matinee	
Mysterious Magnets	
Mystery and Murder	
Mystery Stitches Quilted Tote	
Poop Museum	
Race Against Time Escape Room	
Secret Agent Code Breakers	
Secrets of Seed Collection	
Spellbound Wicked Escape	13
Summer Reading Adventure	_
Bingo Bonanza Finale	
Kickoff with DJ Supreme	
Mystery and Mayhem	
Sunshine Storytime	
Sweet Revenge Murder Mystery	13

### **Senior Center**

30 Questions Workshop	20
Adult Fencing	18
African Show	
Al's Evolution in Media	3
All About Balance	18
Billiards	
Blood Pressure/Sugar Clinic	16
Bristol Bazaar Trip	
Camera Club	
Chair Massage	
Chair Yoga	
Counseling	
Cribbage	
CRT Lunch	
Everybody's Exercise	
Gentle Movement	
Goodyear Story of a CT Native	
Harkness Park Trip	
Line Dancing	
Maker's Club - Crafting Corner	
Medicare Made Perfectly Clear	
Memorial Day Lunch	
Men's Breakfast	
Museum of Culture/History Trip	
Museum of Tort Law Trip	
Music Jam "Back in the Day"	
Senior Van Information	
Setback	
Tai Chi/Qi Gong	
Thimble Islands Trip	
Total Body Tone	
Women's Breakfast	
Yoga	. 17

### **YOUTH SERVICES**

12
12
19

### **Parks & Recreation**

Aroma Yoga	. 18
Bears Summer Volleyball Camp	8
Bronx Zoo Trip	21
CAS Soccer Camps	
Chris Corkum Baseball Camp	6
Circuit Labs	
App Inventors	
Circuit Makers 101	
Hands-on Electronics	
Robot Commanders	7
Counselor in Training Program	8
Farmington Valley Field Hockey	11
Food Explorers Summer Program	7
Fun 4 All	
Lego Moving Marvels	
Outside the Lines	7
Futsal & Street Soccer	
Granby Bears Boys BBALL Camp	6
Granby Bears Girls BBALL Camp	6
Granby Bears Field Hockey Camp	
Granby First Responder Camp	
Little Makers Summer Camp	
Mission Adventure Teen Camp	
Mountain Biking Skills	
Pawsitive Steps Dog Training	
Pickleball	
Red Sox Game Trip	
Salmon Brook Park Day Camp	
Skyhawks Summer Flag Football	
Soccer Shots Summer Program	
Spring Marketplace	
Summer Band Camp	
Summer Track Clinics	
Tennis Lessons	
Touch-A-Truck	
Waterfront Membership	
Youth Summer Mountain Riking	8

### **SOCIAL SERVICES**

Counseling Resources	12
Food Resources	18

# **Granby Public Library**



### **WELCOME TO THE GRANBY PUBLIC LIBRARY**

Summer is the perfect time to explore, learn, and connect at the library! Whether you're diving into a great book, joining us for exciting programs, or exploring new hobbies, there's "Something for Everyone." From engaging storytimes and creative workshops to book clubs and special events, we're here to make your summer unforgettable. Stop by, check out what's new, and let's make this a season to remember!

To view the schedule of activities, and to register for programs, visit us online at www.granby-ct.gov/library

# MYSTERY AND MAYHEM: SUMMER READING ADVENTURE Library

### **All Ages**

Get ready for a summer filled with twists, puzzling clues, and unexpected surprises! Join us for Mystery & Mayhem, this year's summer reading adventure, where all ages can explore the world of detectives, spies, and secrets waiting to be uncovered. Read books, solve challenges, and take part in exciting programs designed to keep you guessing. Whether you love classic whodunits, thrilling adventures, or brain-teasing puzzles, there's something for everyone. Dare to uncover the mystery?

**How does it work?** This year we will be using the app "ReadSquared" to keep track of all your Summer Reading. Visit granby-ct.gov/library or download the ReadSquared app on your mobile device, create an account and get started logging your books on June 12.

**For Kids & Teens:** Log your reading in the ReadSquared app! Earn different badges based on the amount of time you read! Each badge gives you a digital entry towards winning one of our summer reading raffle prizes. You may also win other prizes along the way.

**For Adults ages 18+:** Log your reading in the ReadSquared app OR fill out the Bingo sheet available at the library. Earn different badges in the app based on the amount of time you read! Each badge (bookmark) you earn counts as an entry for a chance to win one of our summer reading raffle prizes.

Free; Registration required

### SUMMER READING KICK OFF WITH DJ RED SUPREME Library

### **All Ages**

This year's celebration is all about "Mystery and Mayhem!" Bring your dinner, a blanket and/or outdoor chairs, and join us on the library front lawn for some music and dancing led by DJ Red Supreme. Generously sponsored by The Friends of the Granby Public Libraries.

Thursday, June 12 5:30 PM - 7:30 PM Granby Public Library, Main Branch Free; Registration required



### SUMMER READING FINALE: BINGO BONANZA Library

### **All Ages**

Join us for an interactive bingo event filled with clues, prizes, and mystery! You will work together to solve riddles and mark off spaces on their bingo cards, filled with fun, mystery-themed symbols. Light refreshments will be served. Sponsored by The Friends of GPL.

Friday, August 1 2:00 PM - 3:00 PM Granby Public Library, Main Branch Free; Registration required

# **Granby Senior Center**



### WELCOME TO YOUR SENIOR CENTER

Are you looking for a summer escape without having to travel too far? Beat the heat of the long summer days in the refreshing comfort of our Center. There are educational classes and workshops to engage your mind, exercise classes for different skill levels to shape up your body, and social activities to nourish the soul. The Center is a great place to meet others and try out something new. Don't be shy! Come and give us a try!

Check out our website for all the details, and let's make this summer one to remember!

Register online at www.schedulesplus.com/granby

### MEMORIAL DAY LUNCH Senior Center

On Memorial Day, we come together to honor and remember the brave veterans and beloved family members who have given so much for our country. Please join us for a special lunch as we pay tribute to their sacrifices and celebrate their enduring legacy. Light entertainment by Bill Benson. You do not need to

Wednesday, May 21 12:00 PM - 1:00 PM Senior Center Community Room \$5pp, Veterans eat FREE

be a veteran to attend.

### SENIOR VAN TRANSPORTATION

The Senior Van transports seniors
(ages 60+) and/or persons with
disabilities who are residents of Granby,
North Granby, or West Granby.
The annual van fee is \$10.
To use the senior van, active membership
to both the Granby Senior Center
and the van are required.

For more information, call 860-844-5350.

### AFRICAN SHOW Senior Center

Rita Wagener (Kabali) is a native of Uganda, a country located on the Eastern side of the African continent. Wanting to keep her culture alive, Rita started sharing her roots with communities in her area. During Rita's show, she shares her experiences of living in two cultures. She also talks about living in America's biggest state and being the only person from her original country. Rita's show takes you through fashions and dances of Africa. You don't need a passport to go on this journey with Rita and her audience! Rita involves the audience by inviting them to participate in modeling and dancing. It's a great time for everyone!

Monday, May 12 2:00 PM - 3:00 PM Senior Center Community Room Fee calculated when registering

### AI'S EVOLUTION AND FUTURE IN MEDIA

Senior Center

Artificial Intelligence has changed media forever. Everything from social media to how we write emails has been impacted by this emerging and evolving technology. We'll explore a few of the key developments in Al's evolution and examine if the present can offer clues as to what the future may hold. Adam Chaira, Professor of Communication, presents.

Wednesday, June 4 10:00 AM - 11:30 AM Senior Center Room 2 Fee calculated when registering

### Parks and Recreation



### **SUMMER TIME, FUNNER TIME!**

Longer days make for more time to get outside and play. There is lots to do at Salmon Brook Park. Join us at one of our many summer camp offerings, play sports with your friends, splash in the pond, walk the new path at Salmon Brook Park, picnic at the pavilion, climb the playscape, or take a course to learn something new. Our Team is hard at work to make your park experience fun, safe and memorable.

To register for programs, visit us online at www.granbyct.myrec.com

### GRANBY WATERFRONT MEMBERSHIP: SALMON BROOK PARK

#### **Parks & Recreation**

### **All Ages**

The waterfront is a wonderful place to spend an afternoon! Grab a picnic lunch from the concessions and relax on the beach. There's backyard games, lounge chairs, paddle boards, kayaks, and canoes - all included in your membership!

#### Open June 21 - August 16

Mondays	10:00 AM - 4:00 PM
TuesThurs.	12:00 PM - 4:00 PM
Fridays	10:00 AM - 4:00 PM
Saturdays	10:00 AM - 5:00 PM
Sundays	12:00 PM - 4:00 PM

#### **Season Pass for Residents**

\$94 Family pass \$57 Individual Pass

### **Season Pass for Non-Residents**

\$141 Family pass \$103 Individual pass

### **Daily Admittance Rates**

\$5 Adult Residents; \$4 Youth & Senior Residents \$10 Adult Non-residents; \$8 Youth and Senior Non-residents



### SPRING MARKETPLACE

#### **Parks & Recreation**

#### **All Ages**

Back for a spring-tacular day! Shop from over 30 local vendors and crafters, sip a specialty cocktail or a cozy cup of coffee. If you would like to register to vend, reach out at recreation@granby-ct.gov.

Saturday, May 10 10:00 AM - 4:00 PM Holcomb Farm

### TOUCH-A-TRUCK

#### **Parks & Recreation**

#### **All Ages**

Come join us for our wonderful touch-a-truck event! We will have concessions open, as well as the "I Know a Guy" food truck and Kona Ice.

Saturday, June 14 10:00 AM - 1:00 PM Salmon Brook Park Free

### **PAWSITIVE STEPS DOG TRAINING**

### **Parks & Recreation**

#### Adults

Join well-known certified dog trainer Kim Michalewicz for beginner and intermediate classes on dog behavior and handler attention. Open to all dogs. Check Granby Rec website for on-going summer classes.

Salmon Brook Park - Park House \$195 pp

# **Summer Camp Programs**

### Pre-School

### LITTLE MAKERS SUMMER CAMP Parks & Recreation

#### Ages 4-7

This program is for all the little makers! Split into two sessions, Little Chefs will incorporate basic cooking and baking skills, while Colorful Creations will explore various art techniques. Children can join for one session or both! This program is taught by Bonny Hollis.

June 16 - June 20 Little Chefs: 9:00 AM - 10:30 AM Colorful Creations: 10:30 AM - 12:00 PM Holcomb Farm Kitchen \$230 pp, per session

**NOTE:** This is a drop-off program. Children staying for both classes may bring a nut free snack or a nut free lunch if they would like.

### SALMON BROOK PARK DAY CAMP Parks & Recreation

#### Ages 4-5

This traditional day camp fills each day with games, sports, crafts, teamwork, and the wonders of nature. The Park has a playground, soccer fields, baseball fields, outdoor basketball hoops, picnic areas, and tennis courts. Your child will have the opportunity to swim at our waterfront, make friends, and have fun!

June 23 - August 15 8:30 AM - 11:30 AM Salmon Brook Park, Band Shell \$116 pp, per week (Resident), \$125 pp, per week (Non-resident)

### Grades K-6

### SALMON BROOK PARK DAY CAMP Parks & Recreation

#### **Grades 1-5**

This traditional day camp fills each day with games, sports, crafts, teamwork, and the wonders of nature. The Park has a playground, soccer fields, baseball fields, outdoor basketball hoops, picnic areas, and tennis courts. Your child will have the opportunity to swim at our waterfront, make friends, and have fun!

June 23 - August 15 8:30 AM - 3:30 PM Salmon Brook Park, Pavilion #2 \$270 pp, per week (Resident) \$291 pp, per week (Non-resident)

### **GRANBY BEARS FIELD HOCKEY CAMP**

#### **Parks & Recreation**

#### **Grades K-8**

Come join HS Coaches Pliszka and Pestana as they look for future GMHS field hockey players and be a part of the great winning tradition in Granby! Whether you've never held a stick before or have played for years, we will develop your skills and play games to improve your understanding and execution of the game. Participants will need a stick, mouthguard and shinguards.

Monday, Tuesday, Thursday July 7 - July 17 5:30 PM - 7:00 PM Granby High School Field \$165 pp

**NOTE:** New players: when going to a sports store to buy equipment, provide the store with two (2) measurements for correct size stick: 1) from hipbone to floor and 2) height of player.

### GRANBY BEARS BOYS BASKETBALL CAMP

**Parks & Recreation** 

Grades 1-4, Grades 5-8 (+9) Two sessions, by age

Granby HS Varsity boys coach, Wally Hansen, & his staff of varsity basketball players are ready to help your child learn to be a champion on the court. This camp concentrates on fundamentals and individual & team development. Conditioning, drills, competitions, and stations, will stress game fundamentals. An awards ceremony will recognize contest & championship winners. All campers will receive a tee-shirt.

Grades 1-4: July 14 - July 17 9:00 AM - 12:00 PM \$130 pp Grades 5-9: July 7 - July 10 9:00 AM - 2:00 PM Granby High School Gym \$230 pp

### **CHRIS CORKUM BASEBALL CAMP**

Parks & Recreation

Ages 7-12

This program is geared to emphasize skill development. The children are carefully guided through selected skill activities and drills culminating in team play. Each child's strengths and weaknesses are evaluated so growth is an on-going process. Lecture and demonstrations by qualified instructors enhance this process to its fullest.

Session 1: June 16 - June 20
Session 2: July 14 - July 18
9:00 AM - 12:00 PM
Salmon Brook Park, Baseball Field
\$165 pp, per session

### **CAS SOCCER CAMPS**

Parks & Recreation

Ages 4-14

Join us for this popular camp! Participants are grouped by age (4-6), (7-10), (11-14). All levels are welcome! Sessions focus on creating a fun learning environment while fostering love for the game through skills practice, conditioning, and other small-sided games.

Session 1: June 23 - June 27
Session 2: July 21 - July 25
9:00 AM - 3:00 PM
Salmon Brook Park, Soccer Fields
Fee varies based on age + session

### GRANBY BEARS GIRLS BASKETBALL CAMP

**Parks & Recreation** 

Grades 1-4, Grades 5-8 Two sessions, both ages

Granby HS Varsity girls coach, Mike D'Angelo, and his staff lead this instructional camp which concentrates on fundamentals and individual & team development. Curriculum includes conditioning, drills, stations, plus team & individual competitions that will help players improve their ball handling, shooting, defense and rebounding. Participants should wear appropriate gym clothes and sneakers, and bring a ball & a water bottle. All campers will receive a tee-shirt.

Session 1: June 23 - June 26
Session 2: August 4 - August 7
9:00 AM - 12:00 PM
Granby High School Gym
\$130 pp, per session

### **FUTSAL & STREET SOCCER**

**Parks & Recreation** 

Ages 6 - 12

Let's accelerate your child's soccer skills! Our aim is to bring each player's personal skills to the next level. Using high-speed, high-volume ball touches and ball maneuvering in tights spaces, Futsal & Street Soccer consistently delivers a far better player than traditional soccer programs. Participants should bring water, active wear, shin guards, soccer cleats and soccer ball.

August 11 - August 15
Granby Memorial High School Field
Full-day Program: 9:00 AM - 3:00 PM
\$240 pp
Half-day Program: 9:00 AM - 12:00 PM
\$160 pp

### SKYHAWKS SUMMER FLAG FOOTBALL

Parks & Recreation

Ages 7-12

Campers will learn skills on both sides of football including the core components of passing, catching, and defense - all presented in a fun and positive environment.

Session 1, Ahrens Park: July 7 - July 10
Session 2, East Granby Farms: August 4 - August 7
9:00 AM - 3:00 PM
\$179 pp, per session

### **CIRCUIT LABS**

### **Parks & Recreation**

### **Grades 1-3**

**Circuit Makers 101:** Let's get creative with electricity! In this junior version of our Hands-On Electronics class, students will gain experience with creating their own electronics designing custom light-up greeting cards, electric games, mazes, and even musical instruments.

August 11 - August 15 9:00 AM - 12:00 PM Holcomb Farm Workshop \$219 pp

**Robot Commanders 101:** Take your electronics knowledge to the next level! Dive into the world of electronics and circuitry; work with sensors, wireless communication, and computer programming; use MIT APP Inventor Software, Arduino microcontrollers, and the Scratch programming language.

August 11 - August 15 1:00 PM - 4:00 PM Holcomb Farm Workshop \$219 pp

### FUN 4 ALL Parks & Recreation

Ages 6-12

**LEGO Moving Marvels:** Campers will explore the principles behind gears, motors, and robotics, building dynamic LEGO creations that come to life. From racing cars to moving machines, each day offers hands-on activities. As kids build and test their models, they'll gain a deeper understanding of how movement works in real life. Whether your child is just starting with LEGO or already an experienced builder, this camp promises to fuel their passion for engineering and innovation through interactive learning.

July 28 - August 1 9:00 AM - 3:00 PM Holcomb Farm Workshop \$240 pp, per session

**Outside the Lines:** Make your visions come to life! Explore hands-on crafts like jewelry making, tie-dying, and more. This program will ignite the imaginations of young jewelers and craft enthusiasts, providing them with the perfect opportunity to explore their artistic talents while learning the skills for life-long hobbies.

August 4 - August 9 9:00 AM - 3:00 PM Holcomb Farm Workshop \$240 pp, per session

### FOOD EXPLORERS SUMMER PROGRAM

#### **Parks & Recreation**

### **Grades 2-5**

**Chocolate Baking Camp:** Join us for a chocolately week exploring doughs, batters and more! Each day you'll be making two recipes featuring chocolate, such as: From Scratch Pop-Tarts, Chocolate Fudge Buns, Chocolate Lattice Pies and Chocolate Layer Cakes! All recipes are nut-free and vegetarian but will contain dairy, eggs, and gluten.

July 28 - August 1 9:00 AM - 12:00 PM Holcomb Farm - Main Barn \$215 pp

**Farmers Market Fresh Camp:** Join us for fresh and seasonal baking recipes. Each day you'll be making two brand new recipes featuring produce that is in season, such as: Peach Upside-Down Cakes, Tomato Galettes, Mixed Berry Shortcakes, and Apricot Rolls.

July 28 - August 1 1:00 PM- 4:00 PM Holcomb Farm - Main Barn \$215 pp

**NOTE:** Each Food Explorers camp is a half-day camp. While children are welcome to register for both AM and PM sessions, instructors are unable to care for campers during the 12-1 PM lunch break. Please organize childcare during this hour if registering for both camps.

### CIRCUIT LABS - APP INVENTORS Parks & Recreation

### **Grades 4-7**

**App Inventors:** Want to know how the apps work on your phone or iPad? Or do you already have the next great idea, and need to learn how to make it? In this no-experience-required course, we use MIT App Inventor software to make fun, creative apps for Android devices.

July 21 - July 25 9:00 AM - 12:00 PM Holcomb Farm Workshop \$219 pp

**Hands-On Electronics:** Tinker with electronics while learning the basics of computer programming. We begin by experimenting with the fundamentals of electronics and circuitry and step up to projects where our class of young makers will design their own interactive and programmable devices.

July 21 - July 25 1:00 PM - 4:00 PM Holcomb Farm Workshop \$219 pp



### Teens

### **BEARS SUMMER VOLLEYBALL CAMP**

### Parks & Recreation

#### **Grades 5-9**

Whether you're learning volleyball for the first time or looking to make your high school team, this camp will move all young athletes toward their goals. Both individual and group instruction will be provided. Instructor is GMHS standout, Liz Squier.

Monday - Thursday

Week 1: July 7 - July 10 Week 22: July 21 - July 24 Week 3: July 28 - 31 9:00 AM - 12:00 PM

Granby High School Gym \$130 pp, per session

#### **SUMMER BAND CAMP**

### Parks & Recreation

#### Grades 5-12

This program consists of specialized music instruction designed to provide students with a positive, encouraging musical experience during the summer when they can work in a more relaxed environment.

Session 1: July 14 - July 18 Session 2: July 21 - July 25 9:00 AM - 12:00 PM Granby Middle School \$110 pp, per session

### **YOUTH SUMMER MOUNTAIN BIKING**

#### **Parks & Recreation**

### Ages 10-15

Join Coach Wes this summer for an epic mountain biking skills and trail riding adventure camp! There will be something to learn and a new place to explore throughout each week. Each week we will progress in our abilities. This camp includes professional instruction, in an inclusive and encouraging setting.

Week 1: June 16 - June 20; Week 2: June 23 - June 27 Week 3: July 7 - July 11; Week 4: July 14 - July 18 Week 5: Aug. 4 - Aug. 8; Week 6: Aug. 11 - Aug. 15 9:00 AM - 12:30 PM

Location changes each day \$300 pp, per session

### **GRANBY FIRST RESPONDER CAMP**

#### Parks & Recreation

#### Grades 9-10

An awesome camp for those interested in pursuing a career in public safety. Presented by the Granby Police, Ambulance and Fire, this program will include an obstacle course, K9 Demo, radar/laser demo, a mock accident with entrapment, role play, ambulance tour, and much more!

August 11 - August 13 9:00 AM - 3:00 PM Lost Acres Fire Department \$5 pp

### **COUNSELOR IN TRAINING PROGRAM**

#### **Parks & Recreation**

### Ages 15-16

This program is designed to prepare young leaders for future roles as camp counselors. The focus is on developing skills like leadership, child care, and program management. Under the guidance of our experienced Camp staff and Assistant Director, your teen will gain experience in decision-making and responsibility.

June 23 - August 15 8:30 AM - 3:30 PM Salmon Brook Park \$295 pp (all 8 weeks), \$195 pp (4 weeks)

### MISSION ADVENTURE TEEN CAMP

#### **Parks & Recreation**

#### Grades 6-9

The area's most popular day camp for teens. We know that kids this age don't always think it's cool to go to summer camp, but wait until they have been here. We will have the campers traveling to exciting destinations 3 days every week and spending the other 2 days on-site adventuring at Salmon Brook Park. They will be participating in team-building activities, swimming, scavenger hunts, sports, and more.

June 23 - August 15 8:30 AM - 3:30 PM Salmon Brook Park, Pavilion #1 \$279 pp, per week (Resident) \$308 pp, per week (Non-resident)

**NOTE:** There is a discount for booking 2 weeks at a time.

# Youth Programs

### Pre-School

### Grades K-6

### SOCCER SHOTS SUMMER PROGRAM

**Parks & Recreation** 

**Age 2:** Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Bring water and wear athletic clothing.

Two Sessions: Tuesdays
June 24 - July 22, 9:00 AM - 9:30 AM
July 29 - August 19, 5:30 PM - 6:00 PM
Salmon Brook Park - Soccer Field
\$64 pp, per session

**Ages 3-5:** Soccer Shots classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation. Bring water and wear athletic clothing.

Two Sessions: Tuesdays
June 24 - July 22, 9:45 AM - 10:30 AM
July 29 - August 19, 6:15 PM - 7:00 PM
Salmon Brook Park - Soccer Field
\$74 pp, per session

### SUNSHINE STORYTIME Library

### Ages 2-4

Join Miss Joanna for songs, stories, and a simple craft! Please register for each class individually.

Tuesdays: June 17, 24; July 8, 15, 22 10:30 AM - 11:00 AM Granby Public Library, Main Branch Free; Registration required





### FINGERPRINT WHO DONE-IT Library

#### Ages 8-11

Every detective needs to know how to analyze fingerprints! Make a set of your own prints, then use your sleuthing skills to discover who touched the mystery item. Can you crack the case?

Tuesday, June 17 2:00 PM - 3:00 PM Granby Public Library, Main Branch Free; Registration required

### MYSTERIOUS MAGNETS Library

### Ages 8-11

Is it magic or science? Experiment with invisible magnetic fields and become a snake charmer by making a floating snake that levitates without being touched!

Tuesday, July 1 2:00 PM - 3:00 PM Granby Public Library, Main Branch Free; Registration required

### THE GREAT FINGERPRINT DETECTIVE Library

#### **Ages 5-7**

Become a junior detective and help solve the case! We'll explore the fascinating world of fingerprints and how they can be used to uncover clues. Each participant will create their own fingerprint chart. Can you find the culprit with your newly discovered detective skills? Sponsored by The Friends of GPL.

Monday, June 16 2:00 PM - 2:45 PM Granby Public Library, Main Branch Free; Registration required

### SECRET AGENT CODE BREAKERS Library

#### **Ages 5-7**

Step into the world of spies and secret messages! In this fun, hands-on activity, you'll discover the science behind invisible ink and learn how to create your own secret codes. With your spy craft, you'll write messages that only you and your fellow agents can read. Get ready to become a code-breaking expert and take home your very own top-secret creation!

Monday, June 23 1:00 PM - 1:45 PM Granby Public Library, Main Branch Free; Registration required



### POOP MUSEUM Library

### Ages 5-12

Step into The Poop Museum, where curiosity meets Mystery and Mayhem! If you're fascinated by poop (like Susie Maguire, the poop expert), this is the place for you. Susie has studied poop for years and is ready to share mind-blowing, hilarious facts about human, animal, and insect poop. You'll meet the world's messiest pooper, discover the animal with poop attack powers, learn about the rainbow pooper, and much more! The Poop Museum blends science with side-splitting fun to teach everyone that poop isn't just gross —it's full of surprises and unexpected wonders! Generously sponsored by The Friends of GPL.

Thursday, July 24 10:00 AM - 11:00 AM Granby Public Library, Main Branch Free; Registration required

### MAGIC BY GEORGE Library

### **All Ages**

Get ready for a thrilling, family-friendly magic show that will keep you on the edge of your seat! Magic by George combines astounding illusions, mind-boggling tricks, and plenty of surprises. With audience participation and baffling feats, you'll be left wondering how he did it. This high-energy performance is sure to spark wonder and excitement for all ages. Generously sponsored by The Friends of the Granby Public Libraries.

Friday, July 25 2:00 PM - 3:00 PM Senior Center Community Room Free; Registration required

### KINDERGARTEN BOOTCAMP Library

### Ages 4-5, Entering Kindergarten in Fall 2025 Two sessions

**Mornings**: Get ready for kindergarten with this fun and interactive summer series! Designed for children entering Kindergarten in the fall, this program helps build essential skills through stories, crafts, games and hands-on activities. Each week, we'll focus on key skills like letters and numbers, fine motor practice, classroom routines, and social emotional readiness - helping little learners feel confident and excited for their big first day!

#### Wednesdays

Mornings: June 25; July 9, 16, 23, 30 10:30 AM - 11:15 AM Granby Public Library, Main Branch Free; Registration required

**Evenings:** This evening version of Kindergarten Bootcamp offers a gentler approach to help children feel confident and excited for kindergarten. Through interactive stories, simple crafts, and calming activities like yoga and mindfulness exercises, children will develop essential early learning skills in a relaxed and supportive environment.

### **Thursdays**

Evenings: June 19, 26; July 10, 17, 24 6:00 PM - 6:30 PM Granby Public Library, Main Branch Free; Registration required

### RACE AGAINST TIME: ESCAPE ROOM Library

#### Ages 8+

A mystery needs solving! Gather a team of 3-5 people and put your puzzle-solving and code-breaking skills to the test. The clock is ticking—can you escape before time runs out? Sponsored by The Friends of GPL.

Friday, June 13 2:30 PM - 3:30 PM Granby Public Library, Main Branch Free; Registration required

### **TENNIS LESSONS**

**Parks & Recreation** 

### Ages 6-16

Summer youth tennis lessons are instructed by Kevin Imbt, GMHS Tennis Coach. Participants should bring an appropriately sized racquet, lots of water, towel and sneakers. Lessons are held Mon.-Thurs. Fridays will be used for make up lessons due to heavy rain, etc.

Mondays-Thursdays, varying times Fridays used for rain date Salmon Brook Park, Tennis Courts \$45 pp for lessons; Camp costs \$120 pp

### CRYPTIC CODING Library

### **Ages 8-11**

Spies and detectives use secret codes to share hidden messages - can you? Learn the science behind invisible ink, how to create and crack ciphers, then design your own coded message to keep your secrets safe!

Monday, July 14 2:00 PM - 3:00 PM Granby Public Library, Main Branch Free; Registration required

### AWESOME AIR: SCIENCE BEHIND MYSTERY Library

#### Ages 5-10

Discover the mysterious power of air in this exciting experiment! Can air really collapse a bottle without even touching it? You'll get to experiment with your own science and create a model wing to bring home; proving that air is more powerful than you might think!

Tuesday, July 8 2:00 PM - 2:45 PM Granby Public Library, Main Branch Free; Registration required

### FARMINGTON VALLEY FIELD HOCKEY LEAGUE

Parks & Recreation

#### **Grades 5-6**

The Towns of Granby, Avon, Canton, Farmington, Simsbury, Harwinton, and Wethersfield are part of the FV Girls FH League. Teams will be formed in each town consisting of players in grades 5-6. Teams will practice once a week in their towns, and games will be played on Sunday afternoons in various communities. Players will receive a reversible numbered jersey. All players will need a mouth-guard, shinguards, eye protection, cleats and field hockey stick. Please contact Granby Rec if you would like to volunteer as a coach! Registration deadline is 8/20. Practices will begin the week of 8/25.

Sundays, September 7 - October 19 2:30 PM - 4:30 PM Granby High School Field \$120 pp

### ICE CREAM CAPER: CRACK THE COLD CASE Library

#### **Ages 5-10**

Strange things are happening in the world of ice! Why does salt make ice even colder? Join us for a hands-on science adventure where we investigate the mystery of melting, chilling, and deliciously sweet treats. Don't forget to bring winter gloves for this cool experiment!

Tuesday, July 15 2:00 PM - 2:45 PM Granby Public Library, Main Branch Free; Registration required

### **SUMMER TRACK CLINICS**

**Parks & Recreation** 

Grades 4-9 & 10-12

This summer track program is being offered for current high school athletes interested in learning the benefits of track and field. Open to current track athletes and non track athletes. All abilities are welcome and your training will be geared towards your ability and event interests. Learn the basics all the way through experienced track and field techniques.

Tuesdays, June 17 - August 12 Grades 4-9: 5:30 PM - 6:30 PM Grades 10-12: 6:45 PM - 7:45 PM Granby High School Field \$100 pp



### Teens

### COSSITT CREATION STATION CLASSES Library

### Ages 10+ with an adult

Give your creative ideas life! Visit the Library's makerspace and learn to use the 3D printer, laser cutter, sewing & embroidery machines, vinyl cutter, sublimation printer, mug and bottle presses, and all manner of digitizing equipment. Find more information on the library webpage.

Schedule varies Cossitt Library Branch Free; Registration required

# THE VIBE: DUNGEONS AND DRAGONS (AND MORE!)

**Youth Services** 

Grades 8-10

Designed for those youth most comfortable in small group settings, The Vibe provides a safe and accepting space for D&D or Magic the Gathering RPGs to gather. In addition, youth have access to the game room, pool table, air hockey, cards and board games. Grab a friend and join us. Numbers are capped to keep a small group.

Every Friday
7:00 PM - 9:00 PM
Senior/Youth Services Building
Free; call 860-844-5355 for info.

### KUMIHIMO: BRAIDED BRACELETS Library

### Ages 12-18

Unravel the secrets of Japanese braiding in this handson program presented by Gail Altshwager! Teens will learn the art of creating intricate woven bracelets using colorful threads. Perfect for beginners, this workshop will guide you through the steps to craft your own unique bracelet - great for keeping or gifting. Sponsored by The Friends of Granby Public Libraries.

> Monday, June 30 1:00 PM - 2:30 PM Granby Public Library, Main Branch Free; Registration required

### MICE & MAYHEM: FELTING WORKSHOP Library

#### **Ages 12-18**

Unravel the mystery of needle felting and craft your own felted mouse! Fiber artist Angelina Fleury will guide you through the art of shaping wool into a small, one-of-akind creation full of personality. Will your mouse be a clever trickster, a shadowy sidekick, or a detective's loyal companion? The choice is yours - no experience needed! Sponsored by The Friends of GPL.

Thursday, July 17 1:00 PM - 2:30 PM Granby Public Library, Main Branch Free; Registration required

### MYSTERY STITCHES: QUILTED TOTE BAG Library

#### **Ages 12-18**

Unravel the mystery of Foundation Paper Piecing as you create a stylish summer tote bag, one section at a time! With presenter Dawn Zillich, you'll follow clues to piece together your 8" block, then join us to sew it into a chic tote. Perfect for quilters of all levels, this program combines creativity, mystery, and mayhem. Tutorials and clues will guide you along the way—bring your sewing skills and let's stitch up a summer masterpiece!

Friday, July 11 2:00 PM - 4:00 PM Cossitt Library Branch Free; Registration required

### **COUNSELING RESOURCES**

### **HEALTHY MINDS**

**Senior Services** 

Adults 60+

By appointment only Call 860-844-5350

YOUTH COUNSELING

**Youth Services** 

Ages up to 18 and their family
To register for an intake,
Call 860-844-5355

# THE SWEET REVENGE: A MURDER MYSTERY Library

### **Ages 14+**

Uncover the mystery behind a candy shop's secrets and solve a web of deceit in this thrilling escape room adventure. As part of a team, you'll tackle sweet puzzles and cryptic clues to unveil a plot of sweet revenge before time runs out. With challenges designed for teens and adults, can you break the candy code and expose the truth? Perfect for groups of up to five.

Monday, July 21 6:00 PM - 7:30 PM Granby Public Library, Main Branch Free; Registration required

### SPELLBOUND: THE WICKED ESCAPE Library

### Ages 11+

Inspired by the world of *Wicked*, this escape adventure will transport you into a realm of magic, mystery, and thrilling puzzles! The Wicked Witch has disappeared, leaving behind a suitcase filled with enchanted artifacts, cryptic clues, and a sinister secret. Can you and your team solve her riddles and uncover her whereabouts before time runs out? Prepare for a spellbinding challenge! Perfect for teams of up to five. Registration required. Sponsored by The Friends of GPL.

Monday, June 16 6:00 PM - 7:00 PM Granby Public Library, Main Branch Free; Registration required

### HONEY HEIST: THE GREAT BEAR CAPER Library

#### Ages 12+

Get ready for a wild ride in this hilarious, action-packed role-playing game where you and your friends play as a group of bears planning the ultimate heist: stealing the honey! Choose your bear's unique skills and personality, then work together to pull off a daring plan while navigating obstacles and mayhem. Will you make it out with the honey, or will your bear instincts cause chaos? Join us for an evening of strategy, laughs, and mystery in this thrilling heist adventure!

Monday, July 28 6:00 PM - 7:00 PM Granby Public Library, Main Branch Free; Registration required

#### **PICKLEBALL**

### **Parks & Recreation**

#### Ages 14+

Join instructors Nancy Geaglone (Gigs) GMHS PE teacher and Kim Chamberlain, PE teacher in Enfield, for 6 classes of the popular game of pickleball! Various levels offered from beginner through advanced. See website for all times, dates and options.

Mondays or Wednesdays, June 23 - July 30 5:00 PM - 7:00 PM Salmon Brook Park Tennis Court \$65 pp, per session

### **MOUNTAIN BIKING SKILLS**

#### **Parks & Recreation**

Ages 13+

**The Cornering Connection:** Join Coach Wes for an instructional lesson on how to ride flat corners with more confidence and control. This is a no-pressure environment where we build each other up. Bring bike, helmet, & pads.

Sunday, May 18 3:00 PM - 6:00 PM Salmon Brook Park \$135 pp

**Intermediate/Advanced Riders:** Join Coach Wes for this skills progression session that will cover how to approach, practice and apply more technically challenging skills. We will cover the following skills: bunny hop, trackstand, front wheel pedal lift, the manual, stoppies, and more. Bring bike, helmet, & pads.

Sunday, June 15 3:00 PM - 6:00 PM Salmon Brook Park \$135 pp



# **Adult Programs**



### Art

### HOOKED ON STITCHES: KNIT AND CROCHET Library

#### Adults, Ages 16+

Bring your latest stitching project and enjoy friendly conversation with other knitters and crocheters. Sharing purls of wisdom encouraged. All ability levels welcome.

Saturdays, May 24; June 28; July 26; Aug. 23 10:00 AM - 12:00 PM Cossitt Library Branch Free

### LET'S MAKE COASTERS Library

### Adults, Ages 16+

Learn to use the Brother sublimation printer and Cricut Autopress to make personalized coasters for car cup holders. Bring your own digital images. Class size is limited to ensure one-on-one instruction as needed. Minimal photo editing available from makerspace staff. Space is limited; register for one of two sessions.

Saturday, June 28 11:00 AM - 12:00 PM or 12:30 PM - 1:30 PM Cossitt Library Branch \$5 pp; Registration required

### MAGIC OF ALTERNATIVE PHOTOGRAPHY Library

Photographer Jay Harder pulls back the curtain and explores a variety of unique processes that produce stylized photographs. Discover innovative techniques using light, water, paint, movement and beeswax! Art lovers, photographers, and the generally curious will enjoy exploring novel methods in photographic art.

Tuesday, July 22 6:30 PM - 7:30 PM Granby Public Library, Main Branch Free; Registration required

### MAKER'S CLUB - CRAFTING CORNER Senior Center

Bring your current "project" and socialize with a great group! Crafters, knitters, sewers, coloring, painting, etc. All are welcome to join!

Mondays 10:00 AM - 12:00 PM Senior Center Activity Room 1 Free with active Senior Center membership

### JEWELRY MAKING: ANKLE BRACELETS Library

### Adults, Ages 16+

Beaded ankle bracelets are one of the hottest trends for summer! Lori Catlin Garcia shows you how to create a design and make an ankle bracelet using thin stainless-steel chain and an assortment of beads and charms. All materials provided. Sponsored by The Friends of GPL.

Wednesday, July 16 1:30 PM - 3:00 PM Cossitt Library Branch \$5 pp; Registration required

### LET'S MAKE STICKERS Library

### Adults, Ages 16+ Two sessions

Learn to use the Cricut Maker and Maker 3 cutters to create custom stickers. Bring your own digital images. Class size is limited to ensure one-on-one instruction as needed. Minimal photo editing available from makerspace staff. Register for one of two sessions.

Saturday, May 10 10:30 AM - 12:00 PM or 12:30 PM - 2:00 PM Cossitt Library Branch \$5 pp; Registration required

### COSSITT CREATION STATION CLASSES Library

### Adults, Ages 16+

Give your creative ideas life! Visit the Library's makerspace and learn to use the 3D printer, laser cutter, sewing & embroidery machines, vinyl cutter, sublimation printer, mug and bottle presses, and all manner of digitizing equipment. Find more information on the library webpage.

Schedule varies Cossitt Library Branch Free; Registration required

### GRAFFITI MAYHEM Library

### Adults, Ages 16+

Embrace your wild style! Calligrapher Debby Reelitz shares a sampling of unique designs, stylized signatures, and colorful scribbles. Learn how to transform basic letterforms into dynamic designs using colored pencil techniques to make your graffiti design pop! All materials provided. Sponsored by The Friends of GPL.

Saturday, July 12 10:30 AM - 12:00 PM Cossitt Library Branch \$5 pp; Registration required

### Enrichment

### IT'S A SURPRISE! BOOK EXCHANGE Library

#### **Adults**

Share your love of reading in this unique art program with artist Katherine Tolve. Participants select a favorite book from their personal collection; one that they are ready to give to another reader. After leaving a personal note to the future recipient tucked inside the book, they will wrap the book with paper decorated to reflect the story within. The "Surprise Reads" may be gifted to a friend or left at the library for another reader to discover. Sponsored by The Friends of GPL.

Tuesday, August 5 6:00 PM - 7:30 PM Granby Public Library, Main Branch Free; Registration required

### SETBACK Senior Center

Come out and play the card game Setback, where games can be played individually or in fixed partnerships. Rules and scoring will be explained.

Tuesdays 1:00 PM Senior Center Activity Room Free with active Senior Center membership

### MYSTERY AND MURDER AT THE LIBARY Library

#### **Adults**

Help solve a fictional murder mystery during this interactive game. Library staff and patrons role-play as suspects in an imaginary murder case. Participants gather clues, question suspects, and deduce the identity of the "killer." Register early to ensure you receive details about the case before arriving to play the game. Sponsored by The Friends of GPL.

Thursday, July 31 5:00 PM - 7:30 PM Granby Public Library, Main Branch Free; Registration required

### **BILLIARDS**Senior Center

Bring some friends or play against yourself - make an appointment to enjoy a game of billiards at the Center.

Monday to Friday 8:30 AM - 4:00 PM, by appointment Senior Center Billiard Room Free with active Senior Center membership

### CRIBBAGE Senior Center

Come join this lively group. Experienced players will assist with refreshing your game play.

Tuesdays at 6 PM and Fridays at 3 PM
Senior Center Activity Room
Free with active Senior Center membership

### BLOOD PRESSURE/ BLOOD SUGAR CLINIC

### **Senior Center**

No appointment needed; just drop by! Courtesy of the Farmington Valley Visiting Nurses Association.

Thursdays
11:00 AM - 12:30 PM
Senior Center Community Room
Free with active Senior Center membership

### COSSITT ESCAPE ROOM Library

### Adults, Ages 16+ Two Sessions

Small groups (2-6 people) will have an hour to solve puzzles, decode cyphers and problem-solve their way out of the Cossitt Library Upper Level. Sponsored by The Friends of GPL. Space is limited.

Saturday, July 19 10:30 AM - 11:30 AM & 12:30 PM - 1:30 PM Cossitt Library Branch \$5 pp; Registration required

### CHAIR MASSAGE

#### **Senior Center**

Bev Harris offers 15 minute chair massages. Must have current Senior Center membership to participate.

1st, 3rd, and 5th Tuesday of every month 10:00 AM - 12:45 PM, by appointment only Senior Center Green Room \$10 pp, with active Senior Center membership

### **MEN'S BREAKFAST**

#### **Senior Center**

Each month the men's breakfast committee coordinates a delicious meal along with a fabulous guest speaker. Menu and guest speaker are decided amongst the committee. Guest speaker information can be located in current Center Life Newsletter or the Granby Drummer.

2nd Friday of the month, subject to change 8:30 AM Senior Center Community Room \$5 pp

### SECRETS OF SEED COLLECTION Library

### **Adults**

#### Two sessions

**Part 1**: Unravel the mystery of seed collection when you learn how to select seeds at the appropriate time and how to store the seeds for future use. Put newfound knowledge to practical use when you attend the follow-up program Sat. Aug 9. Sponsored by The Friends of the Granby Public Libraries and Friends of Granby Wildflower Meadow.

### Wednesday, August 6 6:30 PM - 7:30 PM Granby Public Library, Main Branch

**Part 2**: Join our group in the field to practice seed collection and storage. Participants are encouraged to attend the companion program, Secrets of Seed Collection Part 1, August 6, to get the most from this hands-on experience. Sponsored by The Friends of the Granby Public Libraries and Friends of Granby Wildflower Meadow.

Saturday, August 9 6:30 PM - 7:30 PM Location TBD Free; Registration required

### **CRT LUNCH**

### **Senior Center**

Let someone else do the cooking! Community Cafe offers a healthy, low-cost lunch and time to socialize. Monthly menus are available. Reservations required, but no one is denied a meal.

Tuesdays and Thursdays 12:00 PM Senior Center Community Room \$3 suggested donation

### **WOMEN'S BREAKFAST**

#### **Senior Center**

Each month the women's breakfast committee coordinates a delicious meal along with a fabulous guest speaker. Menu and guest speaker are decided amongst the committee. Guest speaker info. can be located in current Center Life Newsletter or the Granby Drummer.

1st Wednesday of the month, subject to change 8:30 AM Senior Center Community Room \$5 pp

### MUSIC JAM BAND "BACK IN THE DAY"

#### **Senior Center**

Bring your instrument and join the band! Jam with fellow musicians. We play music from all generations, or you can bring your own music to share with the others.

Wednesdays
11:30 AM - 1:00 PM
Senior Center Community Room
Free with active Senior Center membership

### MOVIE MATINEE Library

#### Adults

Enjoy a feature film and complimentary snacks at the monthly Monday Movie Matinee. Check the library calendar for listings. Drop-ins welcome if space allows.

Mondays, May 12; June 16; July 14; Aug. 11 1:30 PM - 3:30 PM Granby Public Library, Main Branch Free; Registration required

### CAMERA CLUB Senior Center

The club is for photography enthusiasts. Each month we discuss a different topic.

1st Monday of the Month 7:00 PM - 9:00 PM Senior Center Community Room \$10 annual club membership

### KINETIC UKES SPRING SING Library

#### Adults

Music director Jim Lenn leads the Kinetic Ukes and the audience in a celebration of Spring! The much-loved Connecticut ukulele ensemble delivers a good-time vibe with timeless songs from the 50s, 60s, and 70s. Wear your floral shirt, bring a lawn chair and sing along. Weather issues move the performance inside. Sponsored by The Friends of GPL.

Saturday, May 10 1:00 PM - 2:00 PM Granby Public Library, Main Branch Free; Registration required

# Fitness & Exercise

### **EVERYBODY'S EXERCISE**

#### **Senior Center**

This exercise class taught by Mary Root is suitable for anyone and everyone! This class will include strength and weights, some cardio, balance, and flexibility. All movements can be modified for chair or standing. Mary will personalize your routine based on current ability.

Thursdays
1:30 PM - 2:30 PM
Senior Center Community Room
Fee calculated when registering

### **CHAIR YOGA**

#### **Senior Center**

This class taught by Paula Pirog will lead you through enhanced breathing, seated and standing classic Yoga poses, plus balance training and core strengthening. Guided meditation finishes the calm, relaxing class.

> Tuesdays 2:30 PM - 3:30 PM Senior Center Community Room Fee calculated when registering

### **YOGA**

#### **Senior Center**

This class taught by Paula Pirog will lead you through strength building sequences, standing and on the mat. Includes balance and Pilates floor work.

> Tuesdays 4:00 PM - 5:00 PM Senior Center Community Room Fee calculated when registering

### DRUMMING FOR WELLNESS Library

Calm the chaos when you learn to use rhythm to reduce stress and improve your mood. Craig Norton and Denise Smith share drumming techniques. All instruments provided. Sponsored by The Friends of GPL.

> Thursday, June 26 6:30 PM - 7:30 PM Granby Public Library, Main Branch Free; Registration required

#### **ALL ABOUT BALANCE**

#### **Senior Center**

This class taught by Paula Pirog focuses on strength for balance efficiency, using squat exercises, handheld weights, and walking drills, as well as core conditioning.

> Thursdays 2:45 PM - 3:45 PM Senior Center Community Room Fee calculated when registering

### **GENTLE MOVEMENT**

#### **Senior Center**

This class taught by Paula Pirog will gently increase your strength, help your ability to balance, and provide stretching to maintain and increase mobility.

Mondays 11:15 AM - 12:15 PM Senior Center Community Room Fee calculated when registering

### **TOTAL BODY TONE**

#### **Senior Center**

Class will consist of circuit style strength training/cardio using a variety of equipment like bands, weights, and steppers, etc. Each class will be different to keep your muscles guessing, and most importantly to keep it fun! Class will include chair and standing exercises. Instructor is Michelle Rancourt.

Mondays 12:45 PM - 1:45 PM Senior Center Community Room Fee calculated when registering

### **FOOD PANTRY RESOURCES**

Granby has a variety of food pantry and meal resources available to residents in need of assistance. These programs are not limited to age.

For more information on where to access the pantries, please contact Sandy Yost, Director of Human Services, at:

> 860-844-5351 Granby Senior Center

### TAI CHI/ QI GONG

#### **Senior Center**

Tai chi is an ancient Chinese practice that combines slow, graceful movements, deep breathing, and meditation. It is considered a form of mind-body exercise with numerous health benefits. Beginners welcomed and encouraged. Great for seasoned students as well. Class taught by Mary Ellen Mullins.

Wednesdays 9:30 AM - 10:30 AM Senior Center Community Room Fee calculated when registering

### **LINE DANCING**

### **Senior Center**

Instructor Jim Gregory has been teaching dance full-time for forty years. His expertise will have you learning the steps in no time! This class is for all levels.

Wednesdays 1:30 PM - 2:30 PM Senior Center Community Room Fee calculated when registering

### **ADULT FENCING**

#### **Senior Center**

The Olympic Foil Fencing Club for adults, led by Coach Marc, is where you can learn the most sophisticated fencing sword called Foil. Fencing is open for everyone, with any physical abilities, and does not have weight categories or age limits. Fencing is an elegant and complex sport that makes your brain think fast and clearly, keeping it healthy and alert and maintaining your motor skills in top condition throughout your life.

### **Fridays**

11:00 AM - 12:00 PM Senior Center Community Room \$100 pp for members, \$110 pp non-member

### **AROMA YOGA**

Parks & Recreation

#### **Adults**

Immerse yourself in a yoga class designed to delight your senses. Experience the wonderful synergy of yoga and essential oils. Open to all levels. Bring your own yoga mat and water. Aubrey Schulz is the instructor.

Thursdays, May 15; Sept. 18
6:30 PM - 7:30 PM
Salmon Brook Park House - Gathering Room
\$18 pp, per session

### Lifelong Learning

### PARENTING WORKSHOP Youth Services

#### **Adults**

Learn how to set limits with more love and less drama.

Thursdays, July 10 - August 7 7:00 PM - 8:30 PM Senior/Youth Services Building Free; call 860-844-5355 to register

### CONNECTICUT CRYPTIDS Library

Author Patrick Scalisi and artist Valerie Ruby-Omen share creature folklore based on extensive research for their book, *Connecticut Cryptids: A Field Guide to the Weird & Wonderful Creatures of the Nutmeg State.* Hear about the concept of "cryptozoology" and enjoy a live storytelling session. Signed books and prints from the creators available. Sponsored by The Friends of the GPL.

Tuesday, June 24 6:30 PM - 7:30 PM Granby Public Library, Main Branch Free; Registration required

# CONSERVATION CONVERSATION: GOOD BUG/BAD BUG

Library

Foster a holistic approach to pest control when you learn to identify which insects are beneficial in the yard and garden and which are harmful. Members of Granby's Conservation Commission speak about healthy ecosystems, promoting pollinator pathways, and more.

Tuesday, May 20 6:30 PM - 7:30 PM Granby Public Library, Main Branch Free; Registration required

### GOODYEAR - THE STORY OF A CONNECTICUT NATIVE

**Senior Center** 

Charles Goodyear was born over 200 years ago into a young United States. It was a time of economic and geographic expansion. Railroads didn't exist, cities and towns were small and farming was the primary occupation. However, Charles Goodyear inherited an inventor's gene from his father. His ten-year quest to uncover the secret to creating fully cured rubber, called vulcanized rubber, would feed the second stage of the world's industrial revolution. Join presenter John Cilio as he unravels the folklore from reality about the amazing achievements of Connecticut's Charles Goodyear.

Monday, June 23 10:00 AM - 11:00 AM Senior Center Community Room Fee calculated when registering

### MAKERSPACE DIGITAL DISCOVERY SERIES Library

### Adults, Ages 16+

Gain technology proficiency at a Digital Discovery workshop. Join us for engaging, hands-on classes covering essential digital skills. Topics include video editing basics, using Tinkercad to make 3D objects, creating websites, and using Google Slides for personalized designs. Attend one or all Digital Discovery classes to help stay connected and confident in the digital world. Find more information on the library webpage, or call to speak with makerspace staff.

Schedule varies Cossitt Library Branch Free; Registration required



### Book Clubs

### MEDICARE MADE PERFECTLY CLEAR

#### **Senior Center**

At this event, you will have the opportunity to gain understanding of different parts of Medicare (A, B, C, and D), learn about eligibility & enrollment, supplemental coverage options, and ask an expert your questions. This event is designed to empower you with knowledge needed to make informed decisions about your coverage. Event hosted by Madison Roberson.

Friday, July 11 10:00 AM - 12:00 PM Senior Center Room 2 Fee calculated when registering

# KITCHEN ADVENTURES: SAVOR THE MEDITERRANEAN Library

Enjoy a culinary adventure featuring a taste of the diverse and vibrant flavors from the Mediterranean Basin. Learn unique traditions and cooking methods. Take home recipes to create bold dishes at home. Sponsored by The Friends of GPL.

Thursday, June 5 6:00 PM - 7:00 PM Granby Public Library, Main Branch Free; Registration required

### 36 QUESTIONS WORKSHOP Senior Center

Building close relationships in adulthood can be challenging. Many social situations call for polite small talk, not heart-to-heart conversations, making it difficult to really connect deeply with people. Join Gail Altschwager workshop using the "36 Questions to Connect" method to chat & possibly make new friends.

Monday, June 16 1:00 PM - 3:00 PM Senior Center Room 2 Fee calculated when registering

### MILLENNIALS READ Library

At this no-stress book club, join readers in their 20s, 30s, and 40s to talk about current book picks. You don't need to be reading anything to participate. This is a partnership between Bloomfield, Simsbury, and Granby libraries, and open to all who love reading! Check Library website for location.

First Wednesday of the month 6:30 PM - 8:00 PM Locations TBD each month Free, registration requested

### SOMETHING ABOUT THE AUTHOR Library

Focused on a single author's works each month. Leading the discussion is John Rusnock.

June: Wager: A Tale of Shipwreck, Mutiny & Murder by David Grann July: The Maid by Nita Prose August: Reader's Choice by Paul Doiron

> First Monday of the month 1:30 PM - 2:30 PM Granby Public Library Free, registration requested

### SCI-FI + FANTASY BOOK CLUB Library

Leading the discussion is Jim Gorman. Titles alternate between sci-fi and fantasy selections.

June: Childhood's End by Arthur C. Clarke
July: The Road by Cormac McCarthy
August: Wizard's First Rule by Terry Goodkind

Last Wednesday of the month 6:00 PM - 7:00 PM Granby Public Library Free, registration requested

### Trips

# BRISTOL BAZAAR INDOOR MAKER'S MARKET Senior Center

Join us at a unique destination that combines shopping, dining and entertainment under one roof. There is a rotating selection of local makers and artisans that change every few months. Visitors can explore thousands of handmade treasures, relax with a specialty coffee or cocktail at Yellow King Bristol, and participate in a variety of workshops and events. Lunch on your own Fina's Kitchen.

Wednesday, May 14
Depart Senior Center at 9:00 AM
\$5 pp

### HARKNESS PARK - WATERFORD, CT Senior Center

The day is yours to enjoy! With unparalleled views of the Long Island Sound and "Great Gatsby" vibes, this park is a popular destination for picnicking, flying kites, birding, fishing, and photography. The park's crown jewel, Eolia, was the elegant summer mansion of Edward and Mary Harkness. Upon her death in 1950, Mary left the estate to the State of Connecticut for the well-being of its citizens. Lunch on your own at Fred's Shanty.

Monday, June 23
Depart Senior Center at 9:00 AM
\$5 pp

### AMERICAN MUSEUM OF TORT LAW Senior Center

Visit this Museum in Winsted, CT, for a tour that will explore the power of law to protect one of our most important rights: trial by jury. A tour provides an opportunity to explore the laws that protect our health and safety. Whether it's the toys with which our children played or the cars in which we ride - Tort Law, with deep roots in our history, works for all the people. Tours offer lots of opportunity for questions and discussions that will make your visit a truly enjoyable experience. Lunch on your own at Northwest Soup & Sandwich Co.

Monday, August 25
Depart Senior Center at 9:00 AM
\$10 pp

### RED SOX GAME Parks & Recreation

### **All Ages**

Get ready for an unforgettable day at Fenway Park as the Boston Red Sox take on the Atlanta Braves! The Bus departs from the Suffield Senior Center Parking lot at 3:30pm promptly. You will arrive at Fenway Park around 5:35pm. The game starts at 7:15pm. The bus will likely arrive back at the Suffield Senior Center around 12:30am. Tickets are for the right field grandstands.

Saturday, May 17
Depart Suffield Senior Center at 3:30 PM
\$110 pp

### CT MUSEUM OF CULTURE & HISTORY Senior Center

The CT Museum of Culture and History in Hartford, CT, is a private, nonprofit organization established in 1825 as the state's premier historical society. The Museum houses exhibitions, a library, a research center, and a vast collection of more than 4 million manuscripts, graphics & objects. Lunch on your own Red Rock Tavern.

Wednesday, July 30 Depart Senior Center at 9:30 AM \$10 pp

### BRONX ZOO TRIP Parks & Recreation

#### All Ages

Join us for a visit to the Bronx Zoo! The Total Experience Deluxe package includes zoo shuttles, Wild Asia Monorail, Bug Carousel, Children's Zoo, the New 4-D Theater, and the Congo Gorilla Forest. Everyone should visit this zoo at least once!

Monday, August 18
Depart East Granby Farms 7:00 AM
Depart from Zoo at 4:30 PM
\$85 pp

### THIMBLE ISLANDS - BRANFORD, CT Senior Center

The Thimble Islands are a chain of 365 islands in Stony Creek Harbor off the southeast coast of Branford in Long Island Sound. We will be taking a 45- minute tour of the islands aboard the Sea Mist! Lunch will be on your own at The Dockside Restaurant.

Wednesday, August 20
Depart Senior Center at 9:00 AM
\$30 pp

